

815 High Street Φ Des Moines, IA 50309 Φ 515-288-7297 cathedralchurchofstpaul.org

The Twenty-first Sunday after Pentecost: Proper 24 Choral Eucharist

Sunday, October 17, 2021

Ten o'clock in the morning

Current CDC guidance advises everyone in Polk County to wear a mask in indoor public places. Thank you for wearing your facemask when inside at St. Paul's.

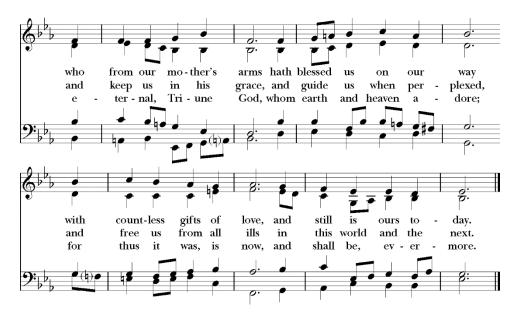
Voluntary

Now Thank We All Our God

Gerhard Krapf

The Word of God





Words: Martin Rinckart (1586-1649); tr. Catherine Winkworth (1827-1878), alt.

Music: Nun danket alle Gott, melody Johann Cruger (1598-1662); harm. William Henry Monk (1823-1889), after Felix Mendelssohn (1809-1847)

Celebrant

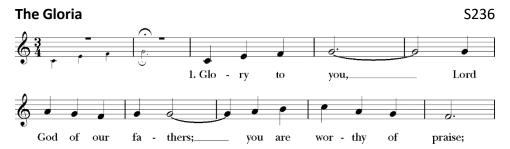
Blessed be God: Father, Son, and Holy Spirit.

People

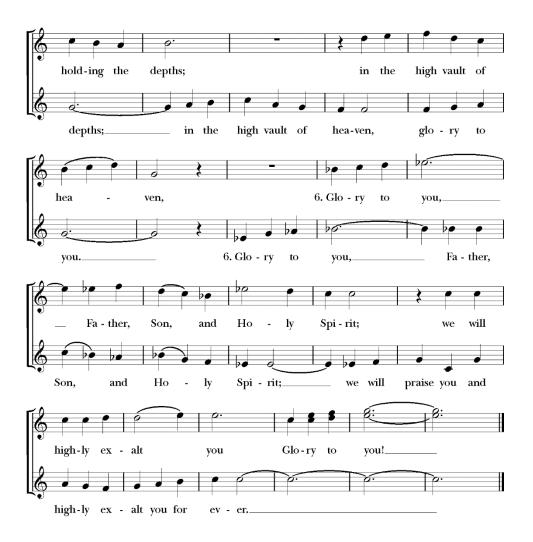
And blessed be God's kingdom, now and for ever. Amen.

Celebrant

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**







Celebrant The Lord be with you.People And also with you.

Celebrant Let us pray.

THE COLLECT OF THE DAY

Almighty and everlasting God, in Christ you have revealed your glory among the nations: Preserve the works of your mercy, that your Church throughout the world may persevere with steadfast faith in the confession of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, for ever and ever. **Amen.**

THE LESSONS, the People sit

A Reading from the Book of Job

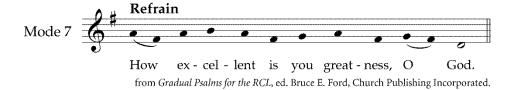
[38: 1 - 7, (34 - 41)]

Then the LORD answered Job out of the whirlwind: "Who is this that darkens counsel by words without knowledge? Gird up your loins like a man, I will guestion you, and you shall declare to me. Where were you when I laid the foundation of the earth? Tell me, if you have understanding. Who determined its measurements—surely you know! Or who stretched the line upon it? On what were its bases sunk, or who laid its cornerstone when the morning stars sang together and all the heavenly beings shouted for joy? Can you lift up your voice to the clouds, so that a flood of waters may cover you? Can you send forth lightnings, so that they may go and say to you, 'Here we are'? Who has put wisdom in the inward parts, or given understanding to the mind? Who has the wisdom to number the clouds? Or who can tilt the waterskins of the heavens, when the dust runs into a mass and the clods cling together? Can you hunt the prey for the lion, or satisfy the appetite of the young lions, when they crouch in their dens, or lie in wait in their covert? Who provides for the raven its prey, when its young ones cry to God, and wander about for lack of food?

Leader The Word of the Lord.

People Thanks be to God.

The Cantor sings the refrain initially and the People join when invited



- Bless the LORD, O my soul;*
 O LORD my God, how excellent is your greatness!
 you are clothed with majesty and splendor.
- 2 You wrap yourself with light as with a cloak* and spread out the heavens like a curtain.
- You lay the beams of your chambers in the waters above;* you make the clouds your chariot; you ride on the wings of the wind.
- 4 You make the winds your messengers* and flames of fire your servants.
- 5 You have set the earth upon its foundations,* so that it never shall move at any time.
- 6 You covered it with the Deep as with a mantle;* the waters stood higher than the mountains.
- 7 At your rebuke they fled;* at the voice of your thunder they hastened away.
- 8 They went up into the hills and down to the valleys beneath,* to the places you had appointed for them.
- 9 You set the limits they should not pass;* they shall not again cover the earth.
- 25 O LORD, how manifold are your works!* in wisdom you have made them all; the earth is full of your creatures.
- 37 Hallelujah!

A Reading from the Letter to the Hebrews

[5: 1-10]

Every high priest chosen from among mortals is put in charge of things pertaining to God on their behalf, to offer gifts and sacrifices for sins. He is able to deal gently with the ignorant and wayward, since he himself is subject to weakness; and because of this he must offer sacrifice for his own sins as well as for those of the people. And one does not presume to take this honor, but takes it only when called by God, just as Aaron was. So also Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him, "You are my Son, today I have begotten you"; as he says also in another place, "You are a priest forever, according to the order of Melchiz'edek." In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchiz'edek.

Leader The Word of the Lord.

People Thanks be to God.

Hymn 455 O Love of God DUNEDIN Music unavailable due to copyright (St. 1 & 2)

- O Love of God, how strong and true, eternal and yet ever new; uncomprehended and unbought, beyond all knowledge and all thought.
- O wide embracing, wondrous Love we read thee in the sky above; we read thee in the earth below, in seas that swell and streams that flow.

The Holy Gospel

All Stand

Deacon The Holy Gospel of our Lord Jesus Christ according to Mark.

[Mark 10: 35 – 45]

People Glory to you, Lord Christ.

James and John, the sons of Zeb'edee, came forward to him and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What is it you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or be baptized with the baptism that I am baptized with?" They replied, "We are able." Then Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared." When the ten heard this, they began to be angry with James and John. So Jesus called them and said to them, "You know that among the Gentiles those whom they recognize as their rulers lord it over them, and their great ones are tyrants over them. But it is not so among you; but whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many."

Deacon The Gospel of the Lord.

People Praise to you, Lord Christ.

Hymn 455 We read thee best in him who came DUNEDIN (St. 3)

We read thee best in him who came to bear for us the cross of shame,

Sent by the Father from on high, our life to live our death to die.

THE HOMILY The Rev. Nicola Bowler *After the Homily, a period of silent reflection is kept.*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE FORM I

BCP p. 383

All stand or kneel for prayer.

Deacon or other leader

With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."

For the peace from above, for the loving kindness of God, and for the salvation of our souls, let us pray to the Lord.

Lord, have mercy.

For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For Michael, our Presiding Bishop; Alan, our bishop; Betsey, our bishopelect, and for all clergy and people, let us pray to the Lord.

Lord, have mercy.

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

Lord, have mercy.

For this city, for every city and community, and for those who live in them, let us pray to the Lord.

Lord, have mercy.

For seasonable weather, and for an abundance of the fruits of the earth, let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.

Lord, have mercy.

In our diocese, companion dioceses, and the Anglican Communion we pray for the clergy and people of St John, Glenwood, and St John, Shenandoah; St. Margaret, Lochee, Dundee, Brechin; Nakofo Parish, Nzara; Luve Parish, Swaziland; and The Church in the Province of the West Indies; let us pray to the Lord.

Lord, have mercy.

For those preparing for marriage: Hannah Early & Nick Gerjol, and for those preparing for the birth of a child: Catherine & Brad Krueger let us pray to the Lord.

Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.

Lord, have mercy.

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

Lord, have mercy.

In the communion of St. Paul and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To thee, O Lord our God.

Silence

The Celebrant adds a concluding Collect.

Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**

THE CONFESSION AND ABSOLUTION

BCP p. 360

Deacon: Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

THE PEACE

Celebrant The peace of the Lord be always with you.

People And also with you.

ANNOUNCEMENTS

On-line Giving Options: Visit <u>cathedralchurchofstpaul.org</u> and click "Donate Now" or you can scan now. *Thank you!*

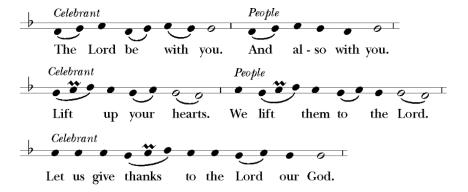


The Holy Communion

Offertory Anthem How Firm a Foundation Robert Lau

THE GREAT THANKSGIVING Eucharistic Prayer B

BCP p. 367





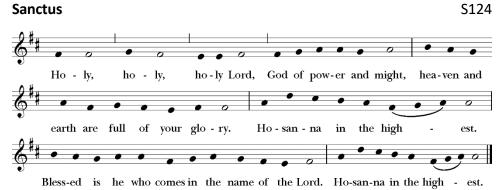
The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People



The people stand or kneel. Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you.

In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and **People:**

We remember his death, We proclaim his resurrection, We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Paul and with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



And now, as our Savior Christ has taught us, we are bold to say,

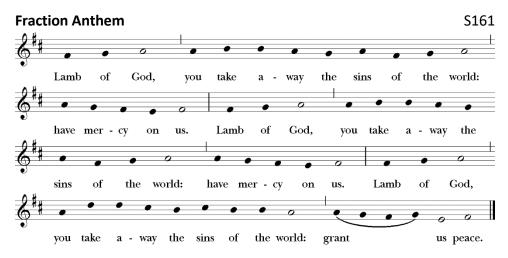
Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People; Therefore let us keep the feast. Alleluia.



Celebrant: The gifts of God for the People of God.

All baptized persons are welcome to receive Holy Communion by moving forward to the altar rail or by remaining in your place. In either case you are welcome to receive a blessing, indicated by crossing your arms over your chest.



Words: George Herbert (1593-1633)

Music: General Seminary, David Charles Walker (b. 1938) Copyright ©1976, David Charles Walker. All rights reserved. Used with permission.

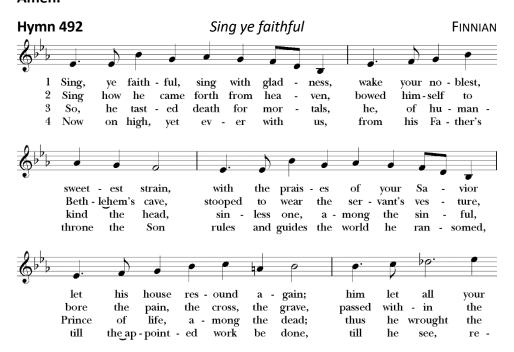
After the people receive Communion a period of silent reflection is kept

After Communion, the Celebrant says Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Bishop when present, or the Priest, may bless the people
The wisdom of God, the Love of God, and the Grace of God strengthen you
to be Christ's hands and heart in this world; in the name of the Holy Trinity.

Amen.





Words: John Ellerton (1826-1893), alt.

Music: Finnian, Christopher Dearnley (b.1930) Copyright © by permission of Oxford University Press. All rights reserved. Used with permission.

DISMISSAL

The Deacon dismisses the people.

People Thanks be to God.

Organ Voluntary

Now Thank We All Our God

Michael Burkhardt

Announcements for October 17, 2021

Today at St. Paul's

Choral Evensong sung by the Cathedral Choir at 4:00 pm

St Paul's offers Wednesday Eucharist at 12:05 pm every week in the Chapel.

St. Paul's Sr. Men's Study Group meets Wednesdays at 10:00 am, in the Guild Hall. For more information, please contact John McKinney: i123mck@aol.com or the cathedral Office administrator@cathedralchurchofstpaul.org

169th Annual Convention of the Episcopal Diocese of Iowa October 29 – 31, 2021.

Convention Eucharist services at St. Paul's on Friday, October 29 at 7:00 pm and Sunday, October 31 at 10:00 am.

Sunday, October 24th Bike Ride at 4:00 pm.

Meet at St. Paul's for a one-hour ride concluding at Confluence Brewing Company (1235 Thomas Beck Rd, Des Moines, IA 50315). Those not wishing to ride may meet at the Pub at 5:00 pm! If the weather is bad, it will be cancelled and announced in church that morning.

Episcopal Migration Ministries (EMM)

Please consider donating to Neighbors Welcome: Afghan Allies Fund

Make a donation online

(https://episcopalmigrationministries.org/donate-afghan-allies/.

Please help people affected by the earthquake in Haiti:

https://support.episcopalrelief.org/haiti-

<u>relief?ID=210816DWMDS0100&utm_medium=web&utm_campaign=fy21</u> haitiearthquake&utm_source=210816DWMDS0100

Visitors

If you are visiting today, we extend to you a warm welcome! Please make yourself known to a greeter, usher, or one of the clergy. You may sit, kneel or stand throughout the service, following the guidance in this bulletin or as you prefer. The Episcopal church offers communion in two kinds, both consecrated bread and wine. While the coronavirus pandemic continues, bread alone is offered. We are so glad you are with us today.

St. Paul's audio system includes the T-coil Hearing Loop. If you have questions or need assistance, please speak with one of our Audio Coordinators.





Mission Statement: The Cathedral Church of St. Paul, the Cathedral and liturgical center of the Episcopal Diocese of Iowa, is a vital metropolitan Christian community. We are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond our parish church.