

ST. PAUL'S
EPISCOPAL CATHEDRAL

The Ninth Sunday after Pentecost: Proper 14
August 7, 2022

Choral Eucharist
Ten o'clock in the morning

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297
cathedralchurchofstpaul.org

Organ Voluntary

The Word of God

Hymn 390

Praise to the Lord

LOBE DEN HERREN

Music unavailable due to copyright

1. Praise to the Lord, the Almighty, the King of creation;
O my soul, praise him, for he is thy health and salvation:
join the great throng,
psaltery, organ, and song,
sounding in glad adoration.
2. Praise to the Lord; over all things he gloriously reigneth:
borne as on eagle-wings, safely his saints he sustaineth.
Hast thou not seen
how all thou needest hath been
granted in what he ordaineth?
3. Praise to the Lord, who doth prosper thy way and defend thee;
surely his goodness and mercy shall ever attend thee;
ponder anew
what the Almighty can do,
who with his love doth befriend thee.
4. Praise to the Lord! O let all that is in me adore him!
All that hath life and breath come now with praises before him!
Let the amen
sound from his people again;
gladly for ever adore him.

Celebrant
People

Blessed be God: ✠ Father, Son, and Holy Spirit.
And blessed be God's kingdom, now and for ever. Amen.

Celebrant

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

The Gloria

S280

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - mighty God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,

you a-lone are the Lord, 7. you a-lone are the Most

High, Je-sus Christ, with the Ho-ly Spi-rit, in the

glo-ry of God the Fa-ther. A-men.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS, *the People sit*

A Reading from the Book of Isaiah

[1: 1, 10 – 20]

Hear the word of the LORD, you rulers of Sodom; listen to the instruction of our God, you people of Gomorrah! The multitude of your sacrifices—what are they to me?” says the LORD. I have more than enough of burnt offerings, of rams and the fat of fattened animals; I have no pleasure in the blood of bulls and lambs and goats. When you come to appear before me, who has asked this of you, this trampling of my courts? Stop bringing meaningless offerings! Your incense is detestable to me. New Moons, Sabbaths and convocations—I cannot bear your worthless assemblies. Your New Moon feasts and your appointed festivals I hate with all my being. They have become a burden to me; I am weary of bearing them. When you spread out your hands in prayer, I hide my eyes from you; even when you offer many prayers, I am not listening. Your hands are full of blood! Wash and make yourselves clean. Take your evil deeds out of my sight; stop doing wrong. Learn to do right; seek justice. Defend the oppressed. Take up the cause of the fatherless; plead the case of the widow. Come now, let us settle the

matter,” says the LORD. Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool. If you are willing and obedient, you will eat the good things of the land; but if you resist and rebel, you will be devoured by the sword.” For the mouth of the LORD has spoken.

Leader The Word of the Lord.

People Thanks be to God.

Psalm 50: 1 – 8, 23, 24


Deus deorum

BCP page 654

The Cantor sings the refrain initially and the People join when invited

Mode 1

Refrain



To those who keep in my way will I show the sal - va - tion of God.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated

- 1 The LORD, the God of gods, has spoken; *
he has called the earth from the rising of the sun to
its setting.
- 2 Out of Zion, perfect in its beauty, *
God reveals himself in glory.
- 3 Our God will come and will not keep silence; *
before him there is a consuming flame,
and round about him a raging storm.
- 4 He calls the heavens and the earth from above *
to witness the judgment of his people.
- 5 “Gather before me my loyal followers, *
those who have made a covenant with me
and sealed it with sacrifice.”
- 6 Let the heavens declare the rightness of his cause; *
for God himself is judge.
- 7 Hear, O my people, and I will speak:
“O Israel, I will bear witness against you; *
for I am God, your God.
- 8 I do not accuse you because of your sacrifices; *
your offerings are always before me.
- 23 Consider this well, you who forget God, *
lest I rend you and there be none to deliver you.

24 Whoever offers me the sacrifice of thanksgiving
honors me; *
but to those who keep in my way will I show
the salvation of God."

A Reading from the Letter to the Hebrews

[11: 1 – 3, 8 – 16]

Now faith is the assurance of things hoped for, the conviction of things not seen. Indeed, by faith our ancestors received approval. By faith we understand that the worlds were prepared by the word of God, so that what is seen was made from things that are not visible. By faith Abraham obeyed when he was called to set out for a place that he was to receive as an inheritance; and he set out, not knowing where he was going. By faith he stayed for a time in the land he had been promised, as in a foreign land, living in tents, as did Isaac and Jacob, who were heirs with him of the same promise. For he looked forward to the city that has foundations, whose architect and builder is God. By faith he received power of procreation, even though he was too old--and Sarah herself was barren--because he considered him faithful who had promised. Therefore from one person, and this one as good as dead, descendants were born, "as many as the stars of heaven and as the innumerable grains of sand by the seashore." All of these died in faith without having received the promises, but from a distance they saw and greeted them. They confessed that they were strangers and foreigners on the earth, for people who speak in this way make it clear that they are seeking a homeland. If they had been thinking of the land that they had left behind, they would have had opportunity to return. But as it is, they desire a better country, that is, a heavenly one. Therefore God is not ashamed to be called their God; indeed, he has prepared a city for them.

Leader The Word of the Lord.

People Thanks be to God.

Hymn 654

Day by day

SUMNER

The hymn is sung twice

Day by day, dear Lord, of thee three things I pray:
 to see thee more clear - ly, love thee more dear - ly,
 fol - low thee more near - ly, day by day.

Words: Att. Richard of Chichester (1197-1253)
 Music: Sumner, Arthur Henry Biggs (1906-1954) Copyright © The Church Pension Fund. All rights reserved. Used with permission.

The Holy Gospel

[Luke 12: 32 – 40]

All Stand

Deacon The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory to you, Lord Christ.

Jesus said to his disciples, "Do not be afraid, little flock, for it is your Father's good pleasure to give you the kingdom. Sell your possessions, and give alms. Make purses for yourselves that do not wear out, an unfailling treasure in heaven, where no thief comes near and no moth destroys. For where your treasure is, there your heart will be also. Be dressed for action and have your lamps lit; be like those who are waiting for their master to return from the wedding banquet, so that they may open the door for him as soon as he comes and knocks. Blessed are those slaves whom the master finds alert when he comes; truly I tell you, he will fasten his belt and have them sit down to eat, and he will come and serve them. If he comes during the middle of the night, or near dawn, and finds them so,

blessed are those slaves. But know this: if the owner of the house had known at what hour the thief was coming, he would not have let his house be broken into. You also must be ready, for the Son of Man is coming at an unexpected hour."

Deacon The Gospel of the Lord.

People Praise to you, Lord Christ.

THE HOMILY

The Rev. Nicola Bowler

After the Homily, a period of silent reflection is kept.

THE NICENE CREED, standing

BCP p. 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

All stand or kneel for prayer.

Deacon

Do not be afraid, children of Abraham; God, your God, is your shield. So, let us approach our God, saying, "Let your loving kindness, O Lord, be upon us; *we put our trust in you.*

Intercessor Almighty and everliving God, source of all wisdom and understanding, be present with those who take counsel at the Lambeth Conference in Canterbury, England for the renewal and mission of your Church. Teach us in all things to seek first your honor and glory. Guide us to perceive what is right, and grant us both the courage to pursue it and the grace to accomplish it; through Jesus Christ our Lord.

Silence

Let your loving kindness, O Lord, be upon us.

We put our trust in you.

Intercessor We pray for Michael, our Presiding Bishop; Betsey, our bishop; St. Paul's clergy and staff; and all lay and ordained ministers. In our diocese, companion dioceses, and the Anglican Communion we pray for Christ Church, Burlington; St. Michael, Mount Pleasant; St. Timothy, West Des Moines; St. Salvador, Dundee, Brechin; for peacemakers working for peace throughout South Sudan, Nzara; Lomahasha Parish, Swaziland; and The Church in the Province of the West Indies. As your Church, we confess that we are strangers seeking a homeland. Do not be ashamed to call yourself our God and make us worthy of that heavenly city you have prepared for us.

Silence

Let your loving kindness, O Lord, be upon us.

We put our trust in you.

Intercessor Mighty God, you behold all of the people in the world. May all tribes and nations come to understand that our strength is not found in violence or weapons but in the power of your love.

Silence

Let your loving kindness, O Lord, be upon us.

We put our trust in you.

Intercessor Creator God, you are the one who made the stars of heaven and the sand by the seashore. We bless and honor you for the gifts of creation.

The congregation is invited to add their prayers of thanks giving, followed by silence.

Let your loving kindness, O Lord, be upon us.

We put our trust in you.

Intercessor Defend the orphans, O God; rescue the oppressed; let us show compassion to those who feel lonely or isolated. And let the heavens declare the rightness of your cause.

Silence

Let your loving kindness, O Lord, be upon us.

We put our trust in you.

Intercessor Comfort and heal the sick and the sorrowful. May we now that you are our help and shield. Deliver us from all fear and help us to trust in your righteousness.

The congregation is invited to add their petitions, followed by silence.

Let your loving kindness, O Lord, be upon us.

We put our trust in you.

Intercessor Indeed, by faith our ancestors received approval. We praise you, God, that those who have died are welcomed home, where they will dwell with all men and women of faith in the city you have prepared for them.

Silence

Let your loving kindness, O Lord, be upon us.

We put our trust in you.

The Celebrant adds a concluding Collect.

Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**

THE CONFESSION AND ABSOLUTION

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Deacon: Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.

The Priest stands and says

Almighty God have ✠ mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And also with you.**

WELCOME AND ANNOUNCEMENTS

We offer safe and secure online giving on our website by using the QR (“Quick Response”) Code on the right.

For on-line Giving Options: Visit cathedralchurchofstpaul.org and click “Donate Now.”

You may also put your offering in the offering plate, located near the entrance of the nave.



The Holy Communion

Offertory Anthem *Hark, I Hear the Harps Eternal*

Alice Parker

THE GREAT THANKSGIVING

Eucharistic Prayer B

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Celebrant The Lord be with you.

People **And also with you**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

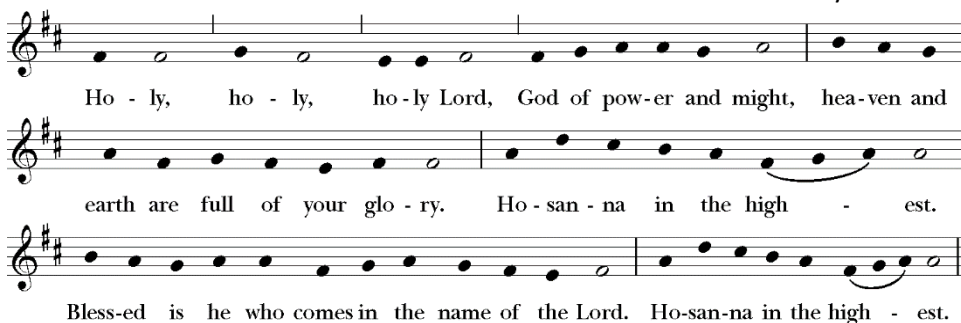
The Celebrant adds the Proper Preface

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

Sanctus

Hymnal S124



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

The people stand or kneel. Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us ✠ to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Paul and with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People; Therefore let us keep the feast. Alleluia.

Fraction Anthem

Hymnal S161

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Celebrant: The gifts of God for the People of God.

All baptized persons are welcome to receive Holy Communion by moving forward to the altar rail or by remaining in your place. In either case you are welcome to receive a blessing, indicated by crossing your arms over your chest.

Communion Music

I Choose Love

Mark Miller

After the people receive Communion a period of silent reflection is kept

POST COMMUNION PRAYER

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After Communion, the Celebrant says

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Bishop when present, or the Priest, may bless the people

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the ✠ Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen.**

Hymn 594

God of grace and God of glory

CWM RHONDDA

1 God of grace and God of glo - ry, on thy peo - ple pour thy power;
 2 Lo! the hosts of e - vil round us scorn thy Christ, as - sail his ways!
 3 Cure thy chil - dren's war - ring mad - ness, bend our pride to thy con - trol;
 4 Save us from weak res - ig - na - tion to the e - vils we de - plore;

crown thine an - cient Church's sto - ry; bring her bud to glo - rious flower.
 From the fears that long have bound us free our hearts to faith and praise:
 shame our wan - ton, self - ish glad - ness, rich in things and poor in soul.
 let the gift of thy sal - va - tion be our glo - ry ev - er - more.

Grant us wis - dom, grant us cour - age, for the fac - ing of this
 grant us wis - dom, grant us cour - age, for the liv - ing of these
 Grant us wis - dom, grant us cour - age, lest we miss thy king - dom's
 Grant us wis - dom, grant us cour - age, serv - ing thee whom we a -

hour, for the fac - ing of this hour.
 days, for the liv - ing of these days.
 goal, lest we miss thy king - dom's goal.
 dore, serv - ing thee whom we a -

DISMISSAL

The Deacon dismisses the people.

People Thanks be to God.

Organ Voluntary

Announcements for August 7, 2022

Today at St. Paul's

- We welcome our guest choir The Central College A Cappella Choir Summer Reunion Choir at today's 10:00 service.
- We prepare Connection Café lunches in the lower level kitchen after both services.

Buy your tickets today!

Iowa Cubs' Game Sunday, August 14

Join us August 14 at 1:08 PM for St. Paul's Outing to Iowa Cubs -- We will be seated in Section 9 Behind Home Plate -- Tickets: \$8.00. Tickets are on sale after Sunday Services or from the Cathedral Office until August 8.

From Many, One

Conversations Across Difference

Who are you? Who are we? Who are we called to become?

Small group intentional conversations with an opportunity to know one another and develop a sense of community. Attend as many as you wish!

Tuesday

August 9

Zoom at 7:00 p.m.

Thursday

August 11

Cathedral Courtyard Wine &
Cheese at 6:00 p.m.

Sign-up opportunities for the "FROM ONE MANY, Conversations Across Difference"- ZOOM session, set for August 9, 2022 at 7:00 p.m. are now open. Please click on the following web link (or copy it into your web browser if clicking doesn't work) to go to the signup sheet: volunteersignup.org/WY9K8 To sign up, just follow the instructions on the page. It only takes a few seconds to do. Please sign up so that we can send you the ZOOM invitation for the session. Thank you for your interest!

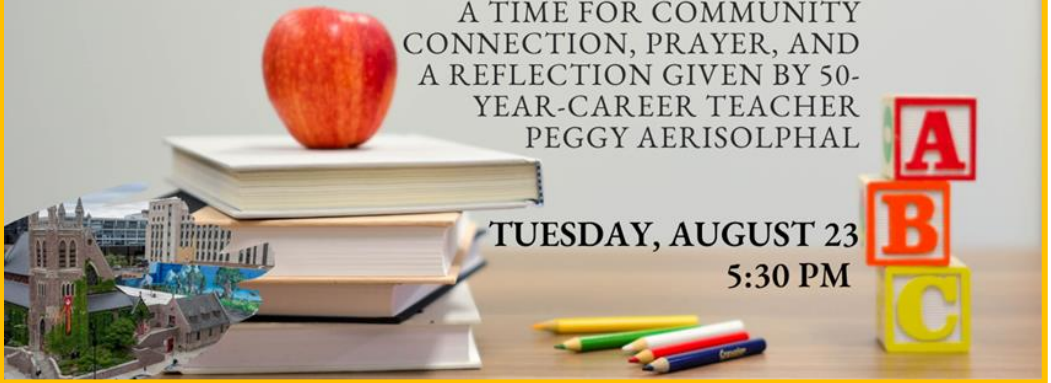


ST. PAUL'S
EPISCOPAL CATHEDRAL

ALL ARE INVITED

SERVICE OF BLESSING FOR EDUCATORS

A TIME FOR COMMUNITY
CONNECTION, PRAYER, AND
A REFLECTION GIVEN BY 50-
YEAR-CAREER TEACHER
PEGGY AERISOLPHAL



TUESDAY, AUGUST 23
5:30 PM

You are invited to join us virtually or at Gray's Lake.

This is not a race but a fun (fund) raiser!

This year, UTO is partnering with Episcopal Migration Ministries, building on 20 years of partnership between United Thank Offering (UTO) and Episcopal Migration Ministry (EMM).

When: September 11 4:00 PM or when ever. [[register here](#)]

Where: On your own wherever you wish, or join us at the SW parking lot (Concessions & Rental stand) at Gray's Lake to group up for our various activities e.g. walk, bike, run, yoga, or sit - you choose! Come to Confluence Brewery when you feel so inclined. There is more parking at Waterworks or other lots at Gray's Lake Park.

Who: This activity is open to everyone. We encourage you join us with family and friends.

How: You decide your activity if any. Be sure and join St. Paul's Cathedral, Des Moines group when you sign up.

Cost: \$15 registration, with the option to donate to either UTO or EMM.

[[Sign up today!](#)] (If you can't attend on the 11th, you can still participate - see information at the registration page.)

Our Blessing Box Needs to be Restocked!

The following items are needed for the Blessing Box as the Box has seen a lot of activity of late:

Jars of Peanut Butter	Canned Fruit
Canned Vegetables	Canned dinners
Canned Tuna	Boxes of Pasta
Paper Products	

Please place all donated items on the bench by the north entrance. All donations will then be stocked. Thank you!

Education for Ministry (EfM) Study Group Forming this Fall

As we faithfully listen to how God is leading us back and refreshing our spirits with in-person experiences, we are looking for more people to join an Education for Ministry (EfM) cohort this fall. Maybe you have thought about EfM in the past or are looking to deepen your studies and personal connections within this community. We would love to hear from you by August 22 in order to organize registration. Please contact Anna Whipple at anna.whipple@gmail.com about the St. Paul's/Des Moines Metro EfM group.

EfM (Education for Ministry) is a 4-year extension program in theological study through The University of the South at Sewanee, TN. It is open to all the faithful to explore their call as a Christian and to call each other into a deeper spiritual journey. The course of study includes Old Testament, New Testament, history of the Church Universal, and contemporary theology. Each year of the program follows a theme, which guides participants beyond just academic study to forming spiritual meaning and practice in their daily lives. The themes are: Living Faithfully in Your World, Living Faithfully in a Multicultural World, Living as Spiritually Mature Christians, and Living into the Journey with God.

Deacon John Doherty is the Diocesan Director of the program. Anna Whipple and Rev. Jean McCarthy are the Co-Mentors of the St. Paul's/Des Moines Metro EfM group. We meet as a small group of 6-10 people and usually start in September and go through May each year. While completing the program in 4 years makes for the richest learning experience, participants commit to joining for one year at a time.

Today's Liturgical Ministers

Ten o'clock Eucharist:

Crucifer – Harold Alexander

1st lesson – Rosa Walker

Cantor – Lexie Thiessen

2nd lesson – Peggy Aerisolphal

Intercessor – Volunteer requested

Eucharistic Minister – Scott Jeneary, Volunteer requested

Video – Volunteer requested

Audio – Tim Hird

Ushers – John Skinner, Rick Stearns

Chapter Counters – Tom Smith, Volunteer requested; (alt. Duane Sand)



Mission Statement:

St. Paul's Episcopal Cathedral is a welcoming, worshiping community committed to living Christ's unconditional love through fellowship, service, and kindness.