



ST. PAUL'S EPISCOPAL CATHEDRAL

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297
cathedralchurchofstpaul.org

The Ninth Sunday after Pentecost: Proper 12 Choral Eucharist

Sunday, July 25, 2021

Ten o'clock in the morning

*All St. Paul's Cathedral staff and Choir members are fully vaccinated.
Current CDC guidance states that you should wear a mask in indoor public
places if you are not fully vaccinated.*

Organ Voluntary

Gift of Finest Wheat

Charles Callahan

The Word of God

Hymn 416

For the beauty of the earth

LUCERNA LAUDONIAE

(St. 1, 2, 4, & 5)

1 For the beau - ty of the earth, for the beau - ty of the skies,
 2 For the beau - ty of each hour of the day and of the night,
 3 For the joy of ear and eye, for the heart and mind's de - light,
 4 For the joy of hu-man love, bro-ther, sis - ter, par - ent, child,
 5 For the Church which ev - er - more lift - eth ho - ly hands a - bove,

1 for the love which from our birth o - ver and a - round us lies,
 2 hill and vale, and tree and flower, sun and moon, and stars of light,
 3 for the mys - tic har - mo - ny link - ing sense to sound and sight,
 4 friends on earth, and friends a - bove, for all gen - tle thoughts and mild,
 5 of - fering up on ev - ery shore thy pure sac - ri - fice of love,

Refrain

Christ our God, to thee we raise this our hymn of grate-ful praise.

6 For each perfect gift of thine
to the world so freely given,
faith and hope and love divine,
peace on earth and joy in heaven,

Refrain

Words: Folliot Sandford Pierpoint (1835-1917), alt.
Music: *Lucerna Laudantiae*, David Evans (1874-1948) Copyright © by permission of Oxford University Press. All rights reserved. Used with permission.

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be God's kingdom, now and for ever.**
Amen.

The Celebrant may say

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

The Gloria

S280

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - mighty - y God and Fa - ther, we wor - ship you, we

give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
 take a - way the sin of the world: have mer - cy
 on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
 ceive our prayer. 6. For you a - lone are the Ho - ly One,
 you a - lone are the Lord, 7. you a - lone are the Most
 High, Je - sus Christ, with the Ho - ly Spi - rit, in the
 glo - ry of God the Fa - ther. A - men.

THE COLLECT OF THE DAY

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS, *the People sit*

A Reading from the Second Book of Samuel

[11: 1 – 15]

In the spring of the year, the time when kings go out to battle, David sent Jo'ab with his officers and all Israel with him; they ravaged the Am'monites, and besieged Rab'bah. But David remained at Jerusalem. It happened, late one afternoon, when David rose from his couch and was walking about on the roof of the king's house, that he saw from the roof a woman bathing; the woman was very beautiful. David sent someone to inquire about the woman. It was reported, "This is Bathshe'ba daughter of Eli'am, the wife of Uri'ah the Hit'tite." So David sent messengers to get her, and she came to him, and he lay with her. (Now she was purifying herself after her period.) Then she returned to her house. The woman conceived; and she sent and told David, "I am pregnant." So David sent word to Jo'ab, "Send me Uri'ah the Hit'tite." And Jo'ab sent Uri'ah to David. When Uri'ah came to him, David asked how Jo'ab and the people fared, and how the war was going. Then David said to Uri'ah, "Go down to your house, and wash your feet." Uri'ah went out of the king's house, and there followed him a present from the king. But Uri'ah slept at the entrance of the king's house with all the servants of his lord, and did not go down to his house. When they told David, "Uri'ah did not go down to his house," David said to Uri'ah, "You have just come from a journey. Why did you not go down to your house?" Uri'ah said to David, "The ark and Israel and Judah remain in booths; and my lord Jo'ab and the servants of my lord are camping in the open field; shall I then go to my house, to eat and to drink, and to lie with my wife? As you live, and as your soul lives, I will not do such a thing." Then David said to Uri'ah, "Remain here today also, and tomorrow I will send you back." So Uri'ah remained in Jerusalem that day. On the next day, David invited him to eat and drink in his presence and made him drunk;

and in the evening he went out to lie on his couch with the servants of his lord, but he did not go down to his house. In the morning David wrote a letter to Jo'ab, and sent it by the hand of Uri'ah. In the letter he wrote, "Set Uri'ah in the forefront of the hardest fighting, and then draw back from him, so that he may be struck down and die."

Leader The Word of the Lord.

People Thanks be to God.

Psalm 14

Dixit insipiens

BCP p. 598

The Cantor sings the refrain initially and the People join when invited

Mode 2

Refrain

Those who are wise seek af - ter God.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated.

- 1 The fool has said in his heart, "There is no God." *
All are corrupt and commit abominable acts;
there is none who does any good.
- 2 The LORD looks down from heaven upon us all, *
to see if there is any who is wise,
if there is one who seeks after God.
- 3 Every one has proved faithless;
all alike have turned bad; *
there is none who does good; no, not one.
- 4 Have they no knowledge, all those evildoers *
who eat up my people like bread
and do not call upon the LORD?
- 5 See how they tremble with fear, *
because God is in the company of the righteous.
- 6 Their aim is to confound the plans of the afflicted, *
but the LORD is their refuge.
- 7 Oh, that Israel's deliverance would come out of Zion! *
when the LORD restores the fortunes of his people,
Jacob will rejoice and Israel be glad.

A Reading from the Letter of Paul to the Ephesians

[3: 14 – 21]

For this reason I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God. Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, forever and ever. Amen.

Leader The Word of the Lord.

People Thanks be to God.

Hymn 304 (St. 1 – 3) *I come with joy to meet my Lord*

LAND OF REST

Unison or harmony

1 I come with joy to meet my Lord, for -
2 I come with Chris - tians far and near to
3 As Christ breaks bread and bids us share, each
4 And thus with joy we meet our Lord. His
5 To - geth - er met, to - geth - er bound, we'll

1 giv - en, loved, and free, in awe and won - der
2 find, as all are fed, the new com - mu - ni -
3 proud di - vi - sion ends. That love that made us
4 pres - ence, al - ways near, is in such friend - ship
5 go our dif - ferent ways, and as his peo - ple

1 to re - call his life laid down for me.
 2 ty of love in Christ's com - mun - ion bread.
 3 makes us one, and stran - gers now are friends.
 4 bet - ter known: we see, and praise him here.
 5 in the world, we'll live and speak his praise.

Words: Brian A. Wren (b. 1936), alt. Copyright ©1971 by Hope Publishing Company. Music: *Land of Rest*, American folk melody; adapt. and harm. Annabel Morris Buchanan (1889-1983) Copyright ©1938 by J. Fischer & Bro., a division of Belwin-Mills Publishing Corp. Copyright renewed. All rights reserved. Used with permission.

The Holy Gospel

[John 6: 1 – 21]

All Stand

Deacon The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Jesus went to the other side of the Sea of Galilee, also called the Sea of Tibe'rias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these people to eat?" He said this to test him, for he himself knew what he was going to do. Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." One of his disciples, Andrew, Simon Peter's brother, said to him, "There is a boy here who has five barley loaves and two fish. But what are they among so many people?" Jesus said, "Make the people sit down." Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, "Gather up the fragments left over, so that nothing may be lost." So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, "This

is indeed the prophet who is to come into the world." When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself. When evening came, his disciples went down to the sea, got into a boat, and started across the sea to Caper'naum. It was now dark, and Jesus had not yet come to them. The sea became rough because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were terrified. But he said to them, "It is I; do not be afraid." Then they wanted to take him into the boat, and immediately the boat reached the land toward which they were going.

Deacon The Gospel of the Lord.

People Praise to you, Lord Christ.

THE HOMILY

The Rev. Jean McCarthy

After the Homily, a period of silent reflection is kept.

THE NICENE CREED, *standing*

BCP p. 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE FORM IV

BCP p. 388

All stand or kneel for prayer.

Deacon or other leader

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy

Hear our prayer.

We pray for Michael, our Presiding Bishop; Alan, our bishop; St. Paul's clergy and staff; and all lay and ordained ministers.

Silence

Lord, in your mercy

Hear our prayer.

We pray for the bishop candidates, Jennifer, Betsey, and Elizabeth, for the work of the Bishop Transition Committee, and for the Convention delegates as we approach the election of the tenth Bishop of Iowa.

Silence

Lord, in your mercy

Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy

Hear our prayer.

In our diocese, companion dioceses, and the Anglican Communion we pray for the clergy and people of St John, Mason City; Grace, Charles City; St Matthew-by-the-Bridge, Iowa Falls; for St. Mary, Broughty Ferry in Nambazia Deanary, Nzara; Usuthu Mission, Swaziland; The Scottish Episcopal Church, let us pray to the Lord.

Silence

Lord, in your mercy

Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Lord, in your mercy

Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Lord, in your mercy

Hear our prayer.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy

Hear our prayer.

The Celebrant adds a concluding Collect.

Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**

THE CONFESSION AND ABSOLUTION

BCP p. 360

Deacon: Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And also with you.**

Farewell and Godspeed (on the departure of Jonathan Moldovan for graduate studies in Kansas City)

Eternal God, we thank you for Jonathan and for our life together in this congregation and community. As they have been a blessing to us, so now send them forth to be a blessing to others; through Jesus Christ our Lord. **Amen.**

In Thanksgiving for Service (on the retirement of John Doherty from his position as Canon Administrator)

We give you thanks, O God, for your servant John. We thank you for setting us at tasks that demand our best efforts and for all that John has accomplished in service to the St. Paul's community. Now give him refreshment and peace; and grant that he may so use his leisure to rebuild his body and renew his mind, that his spirit may be opened to the goodness of your creation; through Jesus Christ our Lord. **Amen.**

ANNOUNCEMENTS

On-line Giving Options: Visit cathedralchurchofstpaul.org and click "Donate Now" or you can scan now. *Thank you!*



The Holy Communion

Offertory Anthem

Gift of Finest Wheat

arr. John Ferguson

THE GREAT THANKSGIVING

Eucharistic Prayer A

BCP p. 361

Celebrant: The Lord be with you.

People: **And also with you**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give him thanks and praise.**

The Celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

Sanctus

S124

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

The people stand or kneel. Then the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the New Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People:

Christ has died. Christ is risen. Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People; Therefore let us keep the feast. Alleluia.

Fraction Anthem

S161

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Celebrant: The gifts of God for the People of God.

All baptized persons are welcome to receive Holy Communion by moving forward to the altar rail or by remaining in your place. In either case you are welcome to receive a blessing, indicated by crossing your arms over your chest.

Communion Music *Ye People Rend Your Hearts* Felix Mendelssohn
 If With All Your Hearts Mendelssohn
Jonathan Moldovan, tenor soloist

After the people receive Communion a period of silent reflection is kept

After Communion, the Celebrant says

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Bishop when present, or the Priest, may bless the people

The Wisdom of God, the Love of God, and the Grace of God strengthen you to be Christ's hands and heart in this world, in the name of the Holy Trinity. **Amen.**

Hymn 302

Father, we thank thee

RENDEZ À DIEU

1 Fa - ther, we thank thee who hast plant - ed thy ho - ly Name with -
 2 Watch o'er thy Church, O Lord, in mer - cy, save it from e - vil,
 in our hearts. Know - ledge and faith and life im - mor - tal Je - sus thy
 guard it still, per - fect it in thy love, u - nite it, cleansed and con -

Son to us im-parts. Thou, Lord, didst make all for thy plea - sure,
 formed un-to thy will. As grain, once scat - tered on the hill - sides,
 didst give us food for all our days, giv - ing in Christ the
 was in this bro - ken bread made one, so from all lands thy
 Bread e - ter - nal; thine is the power, be thine the praise.
 Church be gath - ered in - to thy king - dom by thy Son.

Words: Greek, ca. 110; tr. F. Bland Tucker (1895-1984), rev. Copyright © The Church Pension Fund. All rights reserved. Used with permission.
 Music: *Rendez à Dieu*, melody and harm. att. Louis Bourgeois (1510?-1561?)

DISMISSAL

Deacon Let us go forth into the world, rejoicing in the power
 of the Spirit.

People **Thanks be to God.**

Organ Voluntary

Voluntary in D Major

William Croft

Announcements for July 25, 2021

*Today's altar flowers are given are given by Paul & Colin Meginnis
in loving memory of Kay Meginnis*

Today at St. Paul's

- **We welcome The Rev. Jean McCarthy, who is who is homilist at both services.**
- **Quiches in the Courtyard after the 10:00 am service.** All are welcome to come, connect, and enjoy a light lunch of quiches, fruit, and pastries within the shelter of the Cathedral courtyard. No charge. Please join us as we wish John Doherty well as he retires from his position as Canon Administrator.
- **This Sunday is Cathedral Choir member Jonathan Moldovan's last Sunday with us before he leaves for graduate school.** He has been a faithful singer for over two years. Let's send him off in style, wishing him well with his studies.

Parish Meeting: Who will be our Bishop?

Wednesday, July 28, 4:30 – 6:00 pm

Join St. Paul's clergy and convention delegates to prayerfully reflect on our responses to the candidates' recent visit. The election takes place on July 31 and St. Paul's delegates welcome your views: Mark Babcock, Diane Hayes, Phyllis Melton, Stephanie Murphy, Jolene Phelps. For more information, call the Cathedral Office (515-288-7297).

Please join us on Sunday, August 1 at the 10 am service featuring Choral Holy Eucharist when The Central College A Cappella Choir Summer Reunion Choir will be our guest choir.

Litany of Blessing

Second Sunday (Begins August 8)

After Sunday Eucharist gather at the side altar in the sanctuary for an extended blessing that includes opportunity for healing prayer.

Cathedral Arts Patron Garden Party Sunday, August 29th at 4pm

Home of Mark Babcock and Tony Braid

1804 28th St., Des Moines, 50310

A wonderful opportunity to hear about and support the 2021 - 2022
Cathedral Arts Season!

Please RSVP to babcockm@central.edu by August 23rd

Visitors

If you are visiting today, we extend to you a warm welcome! Please make yourself known to a greeter, usher, or one of the clergy. All baptized persons are welcome to receive Holy Communion by moving forward to the altar rail or by remaining in your place. In either case you are welcome to receive a blessing, indicated by crossing your arms over your chest. You may sit, kneel or stand throughout the service, following the guidance in this bulletin or as you prefer. The Episcopal church offers communion in two kinds, both consecrated bread and wine. While the coronavirus pandemic continues, bread alone is offered. In this case and if you prefer to receive only the bread or the wine, know that you have made a full communion. We are so glad you are with us today.

St. Paul's audio system includes the T-coil Hearing Loop. If you have questions or need assistance, please speak with one of our Audio Coordinators.



Hearing Loop
Switch hearing aid to T-coil



ST. PAUL'S
EPISCOPAL CATHEDRAL

Mission Statement: The Cathedral Church of St. Paul, the Cathedral and liturgical center of the Episcopal Diocese of Iowa, is a vital metropolitan Christian community. We are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond our parish church.