



ST. PAUL'S
EPISCOPAL CATHEDRAL

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297
www.stpaulsdm.org

The Seventh Sunday after Pentecost: Proper 10
Choral Eucharist

Sunday, July 16, 2023

Ten o'clock in the morning

Organ Voluntary

Hymn 291

We plow the fields and scatter

WIR PFLUGEN

OPENING ACCLAMATION

BCP p. 355

The Celebrant prays the Collect for Purity and the people respond **Amen.**

The Gloria

(in the front section of the Hymnal)

S280

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE LESSONS

A Reading from the Book of Genesis

[25: 19 – 34]

Psalms 119

Lucerna pedibus meis

BCP page 772

The Cantor sings the refrain initially and the People join when invited

Mode 8

Refrain

Your word is a lan - tern to my feet, O Lord, and a light

up - on my path.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated

A Reading from the Letter of Paul to the Romans

[8: 1 – 11]

Hymn 424

For the fruit of all creation

EAST ACKLAM

The Holy Gospel

[Matthew 13: 1 – 9, 18 – 23]

THE HOMILY

The Rev. Jean Davis

THE NICENE CREED, standing

BCP p. 358

PRAYERS OF THE PEOPLE

All stand or kneel as able for prayer. At the end of each intercession the people respond:

Intercessor: Accept, O Lord, the willing tribute of our lips,

People: And teach us your judgments.

The Celebrant adds a Concluding Collect and the People respond Amen.

THE CONFESSION AND ABSOLUTION

BCP p. 360

THE PEACE

Announcements

THE GREAT THANKSGIVING

Offertory Anthem *Surely It Is God Who Saves Us*

Mark Babcock

Eucharistic Prayer B

BCP p. 367

Sanctus

(in the front section of the Hymnal)

S125

THE LORD’S PRAYER

BCP page 364

THE BREAKING OF THE BREAD

Fraction Anthem (in the front section of the Hymnal) S161

All who seek a deeper life in Christ are welcome to receive Holy Communion by moving forward to the altar rail or by remaining in your place and indicating to an usher that you would like to receive. Wine is offered by sipping from the chalice or by dipping your host wafer into the intinction bowl. Alternatively, you are welcome to receive a blessing, indicated by crossing your arms over your chest. If you are not yet baptized and feel drawn to receive Holy Communion, please speak with a priest about baptism after the service.

Hymn 302 Father, we thank thee RENDEZ À DIEU

POST COMMUNION PRAYER BCP p. 365

THE BLESSING

Hymn 488 Be thou my vision SLANE

DISMISSAL

Closing Voluntary

Announcements for July 16, 2023

Today's altar flowers are given for the glory of God and in loving memory of Thomas and Donita Blood

Today at St. Paul's

- "Falling Upward" Group read meets in the Choir Room at 11:30 a.m.

Group Read during July and August, led by Deacon John Doherty. "Falling Upward," by Richard Rohr

Join us at 11:30 as we reflect on chapters 3 and 4

- How has the tension of "law & authority" versus "love & freedom" presented itself in your life?
- Can you identify with the "tragic sense of life"?
- How can progress be unproductive to our spirits?

St. Paul's Summer Census

St. Paul's clergy and Chapter invite you to take our Summer Census. We would appreciate your feedback and input!

[2023 Census — St. Paul's Episcopal Cathedral \(stpaulsdm.org\)](http://stpaulsdm.org)

The Sunday Morning book study has concluded the current book and the group will pick up again in September with a new title (TBD). Members of the group are still participating in the 4th-Sunday “Joyful Hearts” prayer group in the Chapel at 9:00 am on July 23 and August 27

The Connection Café will be hiring a part-time Client Assistance Specialist to assist people in need in downtown Des Moines. This person would aid clients of the Connection Café in finding housing or employment, applying for benefit programs, and learning life skills. A successful candidate will have a bachelor’s degree and/or work experience in Social Work or a related field as well as knowledge of public assistance programs in the Des Moines area. A job description and application requirements can be found at <https://bit.ly/43IRzNM>.

More information about all our activities can be found on our website:
www.stpaulsdm.org

Today’s Ministers

Ten o’clock Eucharist:

Presider – The Rev. Nicola Bowler

Homilist – The Rev. Jean Davis

Deacon – The Rev. Jean Davis,
The Rev. John Doherty

Crucifer – Alex Kane

Torch-bearers – Wilhelmina Hansen,
Freya Baccam

Second Crucifer – Jonathan Hansen

1st lesson – Mike Bany

Cantor – Kirsten Buniak

2nd lesson – Rosa Walker

Intercessor – TBD

Eucharistic Ministers – Nancy Seel,
TBD, TBD

Audio – TBD

Video – Nathan Thiessen

Ushers – Paul Meginnis

Chapter Counters – Stephanie Murphy, Abigail Allard, (alt., Stephanie Wells)

Coffee Hour Hosts – Mark Babcock & Anthony Braida



Mission Statement: St. Paul’s Episcopal Cathedral is a welcoming, worshiping community committed to living Christ’s unconditional love through fellowship, service, and kindness. **Vision Statement:** Grounded in Worship. Deepening in Faith. Reaching Out in Love.