

**Celebrating The Feast of the Ascension  
May 29, 2022**



Choral Eucharist  
Ten o'clock in the morning

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297  
[cathedralchurchofstpaul.org](http://cathedralchurchofstpaul.org)

# Organ Voluntary

## Hymn 450

*All hail the power of Jesus Name!*

CORONATION

(St. 1 -3, 6)

6 Let ev - ery kin - dred, ev - ery tribe, on this ter - res - trial

1 All hail the power of Je - sus' Name! Let an - gels pros - trate  
2 Crown him, ye mar - tyrs of our God, who from his al - tar  
3 Hail him, the Heir of Da - vid's line, whom Da - vid Lord did  
\* 4 Ye heirs of Is - rael's cho - sen race, ye ran - somed of the  
\* 5 Sin - ners, whose love can ne'er for - get the worm - wood and the

ball, to him a - scribe, and

1 fall; bring forth the roy - al di - a - dem, and  
2 call: praise him whose way of pain ye trod, and  
3 call, the God in - car - nate, Man di - vine, and  
4 fall, hail him who saves you by his grace, and  
5 gall, go, spread your tro - phies at his feet, and

crown him Lord of all! to him a -

1 crown him Lord of all! bring forth the roy - al  
 2 crown him Lord of all! praise him whose way of  
 3 crown him Lord of all! the God in - car - nate,  
 4 crown him Lord of all! hail him who saves you  
 5 crown him Lord of all! go, spread your tro - phies

scribe, and crown him Lord of all!

1 di - a - dem, and crown him Lord of all!  
 2 pain ye trod, and crown him Lord of all!  
 3 Man di - vine, and crown him Lord of all!  
 4 by his grace, and crown him Lord of all!  
 5 at his feet, and crown him Lord of all!

6 Let every kindred, every tribe,  
 on this terrestrial ball,  
 to him all majesty ascribe,  
 and crown him Lord of all!



ween the Cher - u - bim; we will praise you and  
high - ly ex - alt you for ev - er.

*Descant*

5. Glo - ry to you, be -  
5. Glo - ry to you, be - hold - ing the

hold - ing the depths; in the high vault of  
depths; in the high vault of hea - ven, glo - ry to

hea - ven, 6. Glo - ry to you,  
you. 6. Glo - ry to you, Fa - ther,

— Fa - ther, Son, and Ho - ly Spi - rit; we will  
Son, and Ho - ly Spi - rit; we will praise you and

high-ly ex - alt you Glo - ry to you!

high-ly ex - alt you for ev - er.

### The Collect of the Day

*Celebrant* The Lord be with you.

**People** **And also with you.**

*Celebrant* Let us pray.

Almighty God, whose blessed Son our Savior Jesus Christ ascended far above all heavens that he might fill all things: Mercifully give us faith to perceive that, according to his promise, he abides with his Church on earth, even to the end of the ages; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. **Amen.**

### THE LESSONS

#### A Reading from the Acts of the Apostles

[1: 1 – 11]

In the first book, Theoph'ilus, I wrote about all that Jesus did and taught from the beginning until the day when he was taken up to heaven, after giving instructions through the Holy Spirit to the apostles whom he had chosen. After his suffering he presented himself alive to them by many convincing proofs, appearing to them during forty days and speaking about the kingdom of God. While staying with them, he ordered them not to leave Jerusalem, but to wait there for the promise of the Father. "This," he said, "is what you have heard from me; for John baptized with water, but you will be baptized with the Holy Spirit not many days from now." So when they had come together, they asked him, "Lord, is this the time when you will restore the kingdom to Israel?" He replied, "It is not for you to know the times or periods that the Father has set by his own authority. But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth."

When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. While he was going and they were gazing up toward heaven, suddenly two men in white robes stood by them. They said, "Men of Galilee, why do you stand looking up toward heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven."

*Leader* The Word of the Lord.

**People Thanks be to God.**

**Psalm 47**


*Omnes gentes, plaudite*

BCP page 650

*The Cantor sings the refrain initially and the People join when invited*

Mode 7

**Refrain**



God has gone up with a shout, the Lord with the sound of the ram's-horn.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated

- 1 Clap your hands, all you peoples; \*  
shout to God with a cry of joy.
- 2 For the LORD Most High is to be feared; \*  
he is the great King over all the earth.
- 3 He subdues the peoples under us, \*  
and the nations under our feet.
- 4 He chooses our inheritance for us, \*  
the pride of Jacob whom he loves.
- 5 God has gone up with a shout, \*  
the LORD with the sound of the ram's-horn.
- 6 Sing praises to God, sing praises; \*  
sing praises to our King, sing praises.
- 7 For God is King of all the earth; \*  
sing praises with all your skill.
- 8 God reigns over the nations; \*  
God sits upon his holy throne.
- 9 The nobles of the peoples have gathered together \*  
with the people of the God of Abraham.
- 10 The rulers of the earth belong to God, \*  
and he is highly exalted.

## A Reading from the Letter of Paul to the Ephesians

[1: 15 – 23]

I have heard of your faith in the Lord Jesus and your love toward all the saints, and for this reason I do not cease to give thanks for you as I remember you in my prayers. I pray that the God of our Lord Jesus Christ, the Father of glory, may give you a spirit of wisdom and revelation as you come to know him, so that, with the eyes of your heart enlightened, you may know what is the hope to which he has called you, what are the riches of his glorious inheritance among the saints, and what is the immeasurable greatness of his power for us who believe, according to the working of his great power. God put this power to work in Christ when he raised him from the dead and seated him at his right hand in the heavenly places, far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the age to come. And he has put all things under his feet and has made him the head over all things for the church, which is his body, the fullness of him who fills all in all.

*Leader* The Word of the Lord.

**People** Thanks be to God.

**Hymn 178** (St. 1 & 2)

*Jesus is Lord of all the earth*

ALLELUIA NO. 1

The musical score is written in G major (one sharp) and 4/4 time. It consists of four systems of two staves each. The first system begins with a *Descant* section. The second system begins with a *Refrain* section. The lyrics are: "Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia, al - le - lu - ia! Give thanks to the lu - ia, al - le - lu - ia! ris - en Lord. Al - le - lu - ia, al - le - lu - ia! Give Praise to his Name. Name. Praise to his Name. Name." The score includes a first ending bracket labeled "1-4" and a *Final Ending* section.

*Descant*  
Al - le - lu - ia, al - le - lu - ia

*Refrain*  
Al - le - lu - ia, al - le - lu - ia! Give thanks to the  
lu - ia, al - le - lu - ia!  
ris - en Lord. Al - le - lu - ia, al - le - lu - ia! Give  
Praise to his Name. Name.  
Praise to his Name. Name.

1-4 Final Ending



1 Je - sus is Lord of all the earth.  
 2 Spread the good news o'er all the earth:  
 3 We have been cru - ci - fied with Christ.  
 4 Come, let us praise the liv - ing God,

He is the King of cre - a - tion.  
 Je - sus has died and has ris - en. Al - le -  
 Now we shall live for ev - er.  
 joy - ful - ly sing to our Sa - vior.

*Repeat Refrain*

*The descant may be sung after stanzas 3 and 4.*

Words: Donald Fishel (b. 1950) Music: *Alleluia No.1*, Donald Fishel (b. 1950) Words, Music (melody): Copyright ©1973, The Word of God.  
 arr. Betty Pulkingham (b. 1928), Charles Mallory (b. 1950) and George Mims (b. 1938) Copyright ©1979, Celebration.  
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## The Holy Gospel

[Luke 24: 44 – 53]

*All Stand*

*Deacon* The Holy Gospel of our Lord Jesus Christ according to Luke.

**People** **Glory to you, Lord Christ.**

Jesus said to his disciples, "These are my words that I spoke to you while I was still with you--that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled." Then he opened their minds to understand the scriptures, and he said to them, "Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things. And see, I am sending upon you what my Father promised; so stay here in the city until you have been clothed with power from on high." Then he led them out as far as Beth'any, and, lifting up his hands, he blessed them. While he was blessing them,

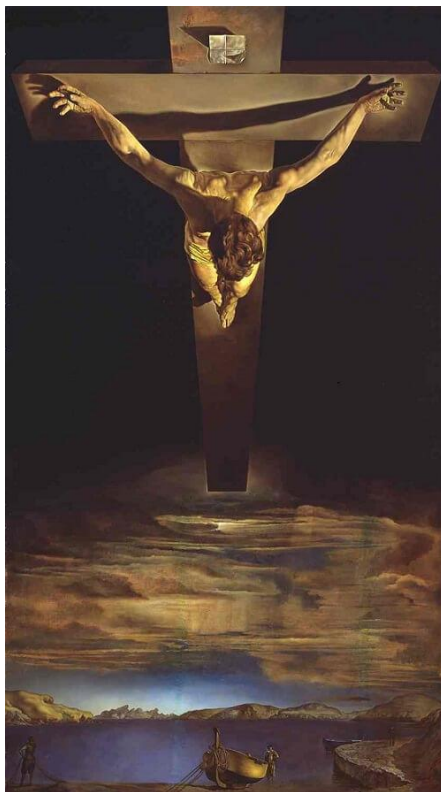
he withdrew from them and was carried up into heaven. And they worshiped him, and returned to Jerusalem with great joy; and they were continually in the temple blessing God.

*Deacon* The Gospel of the Lord.

**People Praise to you, Lord Christ.**

**THE HOMILY**

The Rev. John Doherty



*Christ of Saint John of the Cross, 1951 by Salvador Dali. Dali was inspired by 2 other works of art. He worked out a circle and a triangle and inscribed Christ in the triangle. In this work he says he considered the very unity of the universe, the Christ! The perspective is from God's viewpoint, one with Christ, crucified and ascended, The fishermen are still at work and the Holy Scripture is visible in the clouds.*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

**THE PRAYERS OF THE PEOPLE**

*Deacon or other leader*

Take heart: the presence of the Risen Christ is filling this place even as we pray. So let us boldly offer our prayers, saying, "Enlighten our hearts; open our eyes."

Intercessor In our diocese, companion dioceses, and the Anglican Communion we pray for Diocesan Officers: Chancellor: Bill Graham; Treasurer: Bill Smith; Historiographer: Hal S. Chase; Secretary of Convention: Kathleen Milligan; Assistant Secretary of Convention: Lauren Lyon; Diocesan Centre Officials, Brechin; Manguri Parish, Nzara; Ka-Hhohho Parish, Swaziland; and The Church of South India (United). We pray for those preparing for Reception: Paul Nelson, and for those preparing for Marriage: Nick and Tansha. Great God of promise, you have blessed your Church with the presence of your Holy Spirit. Guide us as we go out to share the Good News. Abide with us forever, even to the end of the ages.

Intercessor      Enlighten our hearts,  
**People**            **open our eyes.**

Intercessor      Holy One, you have exalted your Son Jesus far above every earthly ruler and authority. May all things come under his gracious dominion. We pray that the violence and division of this world might be transformed by the power of Christ's love.

Intercessor      Enlighten our hearts,  
**People**            **open our eyes.**

Intercessor      Creator God, give us ears to hear your voice in the crashing of the waves. Give us eyes to see your Spirit dance on the face of the deep.

Intercessor      Enlighten our hearts,  
**People**            **open our eyes.**

Intercessor      God, you promise to be with us always and everywhere: speak to our lonely hearts; assure us with your presence. And then, Lord Christ, come to us again as you promised.

Intercessor      Enlighten our hearts,  
**People**            **open our eyes.**

Intercessor      Merciful God, your power is immeasurably great: heal those who are sick; fill the despairing with hope; and lift up the lowly.

Intercessor      Enlighten our hearts,  
**People**            **open our eyes.**

Intercessor      Mighty God, you have opened the door to new and unending life through the resurrection of your Son, Jesus: Lift the dying and the dead into your holy presence and grant them peace.

Intercessor      Enlighten our hearts,  
**People**            **open our eyes.**

The Celebrant adds a concluding Collect  
Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you." Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever. **Amen.**

#### THE PEACE

*Celebrant* The peace of the Lord be always with you.  
**People** **And also with you.**

#### ANNOUNCEMENTS

##### THE GREAT THANKSGIVING

**Offertory Music** *The Day of Resurrection* Robert Hobby

##### THE GREAT THANKSGIVING

**Eucharistic Prayer C** BCP p. 369

*Celebrant* The Lord be with you.

**People** **And also with you.**

*Celebrant* Lift up your hearts.

**People** **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

**People** **It is right to give God thanks and praise.**

*Then, facing the Holy Table, the Celebrant proceeds*

*Celebrant* God of all power, Ruler of the Universe, you are worthy of glory and praise.

**People** **Glory to you for ever and ever.**

*Celebrant* At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**People** **By your will they were created and have their being.**

*Celebrant* From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**People** **Have mercy, Lord, for we are sinners in your sight.**

*Celebrant* Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

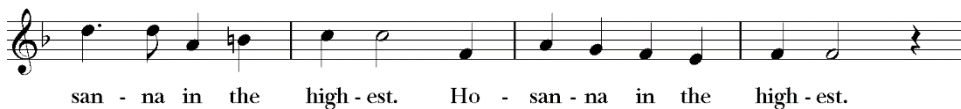
**People** **By his blood, he reconciled us. By his wounds, we are healed.**

*Celebrant* And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

*Celebrant and People*

**Sanctus**

Hymnal S125



*The Celebrant continues*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

*At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

*Celebrant* On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**People** **We celebrate his death and resurrection, as we await the day of his coming.**

*Celebrant* Lord God of our Fathers and Mothers; God of Abraham and Sarah, Isaac and Rebekah, Jacob, Rachel, and Leah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**People** **Risen Lord, be known to us in the breaking of the Bread.**

*Celebrant* Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.  
**AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,  
**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**The Breaking of the Bread**

*The Celebrant breaks the consecrated Bread*

*Celebrant:* Alleluia. Christ our Passover is sacrificed for us;

**People** Therefore let us keep the feast. Alleluia.

**Fraction Anthem**

Hymnal S161

Lamb of God, you take a - way the sins of the world:  
 have mer - cy on us. Lamb of God, you take a - way the  
 sins of the world: have mer - cy on us. Lamb of God,  
 you take a - way the sins of the world: grant us peace.

*Celebrant* The gifts of God for the People of God.

*All baptized persons are welcome to receive Holy Communion. Alternatively you are invited to receive a blessing, by crossing your arms over your chest.*

**Communion Anthem** *Come Risen Lord, and Be Our Guest* Leo Sowerby



**POST COMMUNION PRAYER**

BCP p. 365

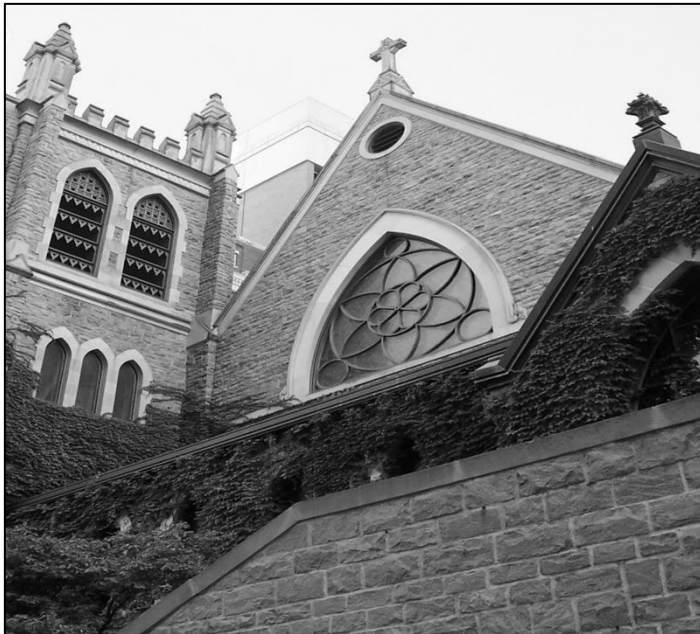
*After Communion, the Celebrant says*

Let us pray.

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

**THE BLESSING**

The God of peace, who brought again from the dead our Lord Jesus Christ, the great Shepherd of the sheep, through the blood of the everlasting covenant, make you perfect in every good work to do his will, working in you that which is well-pleasing in his sight; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**



Hymn 307

Lord, enthroned in heavenly splendor

BRYN CALFARIA

1 Lord, en - throned in heaven - ly splen - dor, first - be -  
 \*2 Here our hum - blest hom - age pay we, here in  
 \*3 Though the low - liest form doth veil thee as of  
 4 Pas - chal Lamb, thine of - fering, fi - nished once for  
 5 Life - im - part - ing heaven - ly Man - na, smit - ten

1 got - ten from the dead. Thou a - lone, our strong de -  
 2 lov - ing rev - erence bow; here for faith's dis - cern - ment  
 3 old in Beth - le - hem, here as there thine an - gels  
 4 all when thou wast slain, in its full - ness un - di -  
 5 Rock with stream - ing side, heaven and earth with loud ho -

Al - le -

1 fend - er, lift - est up thy peo - ple's head.  
 2 pray we, lest we fail to know thee now.  
 3 hail thee, branch and flower of Jes - se's stem.  
 4 min - ished shall for ev - er - more re - main.  
 5 san - na wor - ship thee, the Lamb who died.

lu - ia! Al - le - lu - ia! Al - le -

Al - le - lu - ia! Al - le - lu - ia!

lu - ia!

Al - le - lu - ia!

1 Je - sus, true and liv - ing  
 2 Thou art here, we ask not  
 3 We in wor - ship join with  
 4 Cleans - ing us from ev - ery  
 5 Risen, a - scend - ed, glo - ri -

bread! Je - sus, true and liv - ing bread!

2 how. Thou art here, we ask not how.  
 3 them. We in wor - ship join with them.  
 4 stain. Cleans - ing us from ev - ery stain.  
 5 fied! Risen, a - scend - ed, glo - ri - fied!

**DISMISSAL**

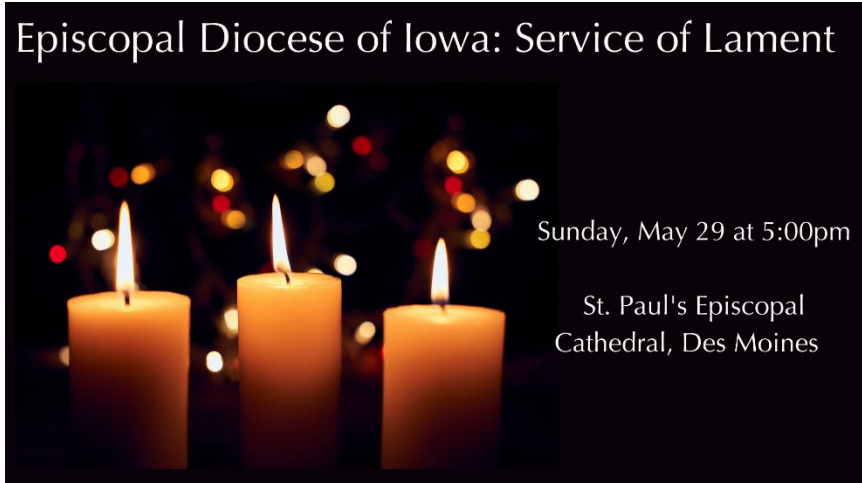
*Deacon* Let us go forth in the name of the risen Christ. Alleluia, alleluia!

**People** Thanks be to God. Alleluia, alleluia!

**Organ Voluntary**

## Announcements for May 29, 2022

Today at St. Paul's



Attend in-person at St. Paul's. The service will also be livestreamed ([https://www.youtube.com/watch?v=4xcVO\\_eiL48](https://www.youtube.com/watch?v=4xcVO_eiL48))

**The Cathedral Office will be closed for Memorial Day on Monday May 30.  
*Happy Holiday!***

### **Pentecost Parish Lunch**

***Please join us for a parish lunch with Bishop Monnot following the 10:00 Pentecost service on June 5th.*** We will gather in the rain garden area, or inside if inclement weather, for a catered lunch. Tickets will be available for purchase at both services. All are invited; please let Amma Nicola, or Deacons Jean or John know if you would like to attend and are not able to purchase a ticket.

*Lunch catered by Karam's Mediterranean Grill food truck*

Choices: chicken shawarma, Greek gyro (beef & lamb) or falafel (vegetarian) platter. All platters served with Greek salad, hummus, pita bread and a drink. Tickets \$20 or two for \$35 (invite a friend!)

Children's meal – chicken and cheese quesadilla with a drink for \$10

Baklava will be available for an additional \$4 a piece

Tickets will be on sale after the 8:00 and 10:00 services, or you may contact John Z at 515-288-7297 to reserve tickets or to volunteer to help set-up the day of the event. If there are extra funds raised, they will be donated to the FreeStore.

**Volunteer opportunities for "The Connection Cafe Lunches"  
are now open.**

We need volunteers to donate all of the ingredients needed to make 120 sack lunches on June 12, 2022 to be served at the Connection Cafe on June 13, 2022. We also need volunteers to make the lunches on June 12, 2022.

Please click on the following web link (or copy it into your web browser if clicking doesn't work) to go to the signup sheet:

[volunteersignup.org/M9WBY](https://volunteersignup.org/M9WBY)

To sign up, just follow the instructions on the page. It only takes a few seconds to do. Thank you for volunteering!

**Crucifer, Acolyte, and Torch-bearer Training**

Are you interested in serving as a crucifer, acolyte or torch bearer at St. Paul's? If so, join us after the 10:00 service on June 12, 2022 for an orientation and training on these ministries. The training will be lead by Catherine Gillespie and Deacon Jean. In the meantime, if you have any question about these ministries, please talk to either Catherine or Deacon Jean. Thank you for your consideration!

**Episcopal Diocese of Iowa Summer Ministry School & Retreat**

*A Time for Everything Under the Sun*

**June 24 - 26, 2022**

[Register](#) here.

## Today's Liturgical Ministers

Ten o'clock Eucharist:

*Crucifer* – Henry Allard

*Torch-bearers* – Abigail Allard, Madeline Allard

*1<sup>st</sup> lesson* – Paul Nelson

*Cantor* – Lexie Thiessen

*2<sup>nd</sup> lesson* – Scott Jeneary

*Eucharistic Ministers* – Scott Jeneary

*Audio* – Tim Hird

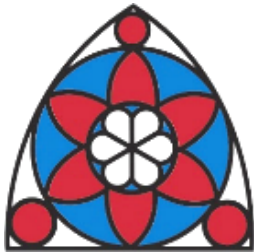
*Video* – Nate Thiessen

*Ushers* – John Skinner, Paul Meginnis

*Chapter Counters* – Mike Gillespie, Jolene Phelps, (alt. Kirsten Buniak)

## Our Mission Statement

The Cathedral Church of St. Paul, the Cathedral and liturgical center of the Episcopal Diocese of Iowa, is a vital metropolitan Christian community. We are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond our parish church.



**ST. PAUL'S**  
**EPISCOPAL CATHEDRAL**

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297

[cathedralchurchofstpaul.org](http://cathedralchurchofstpaul.org)