

815 High Street Φ Des Moines, IA 50309 Φ 515-288-7297 cathedralchurchofstpaul.org

The Day of Pentecost: Whitsunday Choral Eucharist

Sunday, May 23, 2021

Ten o'clock in the morning

Per recent guidance from the Diocesan Task Force on Regathering, congregations may now sing quietly. Please remain masked.

Organ Voluntary

The Word of God





Words: Bianco da Siena (d. 1434?); tr. Richard Frederick Littledale (1833-1890), alt. Music: Down Ampney, Ralph Vaughan Williams (1872-1958) Copyright © by permission of Oxford University Press. All rights reserved. Used with permission.

The Easter Greeting

BCP p. 355

Celebrant

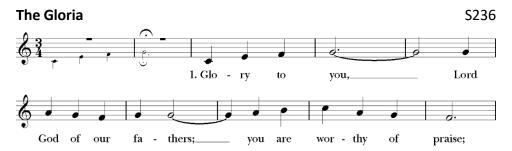
Alleluia. Christ is risen.

People

The Lord is risen indeed. Alleluia.

The Celebrant may say

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**







THE COLLECT OF THE DAY

BCP page 227

Almighty God, on this day you opened the way of eternal life to every people and nation by the promised gift of your Holy Spirit: Shed abroad this gift throughout the world by the preaching of the Gospel, that it may reach to the ends of the earth; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

A Reading from the Acts of the Apostles

[2: 1-21]

When the day of Pentecost had come, they were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

We hear Luke 24: 46 – 49 in various voices:

...and he said to them, "Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. 48You are witnesses of these things. And see, I am sending upon you what my Father promised; so stay here in the city until you have been clothed with power from on high."

Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, "Are not all these who are speaking Galileans? And how is it that we hear, each of us, in our own native language? Par'thians, Medes, E'lamites, and residents of Mesopota'mia, Judea and Cappado'cia, Pon'tus and Asia, Phryg'ia and Pamphyl'ia, Egypt and the parts of Lib'ya belonging to Cyre'ne, and visitors from Rome, both Jews and proselvtes, Cre'tans and A'rabs--in our own languages we hear them speaking about God's deeds of power." All were amazed and perplexed, saying to one another, "What does this mean?" But others sneered and said, "They are filled with new wine." But Peter, standing with the eleven, raised his voice and addressed them, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. No, this is what was spoken through the prophet Jo'el: 'In the last days it will be, God declares, that I will pour out my Spirit upon all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams. Even upon my slaves, both men and women, in those days I will pour out my Spirit; and they shall prophesy. And I will show portents in the heaven above and signs on the earth below, blood, and fire, and smoky mist. The sun shall be turned to darkness and the moon to blood, before the coming of the Lord's great and glorious day. Then everyone who calls on the name of the Lord shall be saved.'"

Leader The Word of the Lord.

People Thanks be to God.

Psalm 104: 25 - 35, 37 Beatus vir qui non abiit BCP p. 736 The Cantor sings the refrain initially and the People join when invited



- O LORD, how manifold are your works! * in wisdom you have made them all; the earth is full of your creatures.
- Yonder is the great and wide sea with its living things too many to number, * creatures both small and great.
- 27 There move the ships, and there is that Leviathan, * which you have made for the sport of it.
- 28 All of them look to you * to give them their food in due season.
- 29 You give it to them; they gather it; * you open your hand, and they are filled with good things.
- You hide your face, and they are terrified; * you take away their breath, and they die and return to their dust.

- You send forth your Spirit, and they are created; * and so you renew the face of the earth.
- May the glory of the LORD endure for ever; * may the LORD rejoice in all his works.
- He looks at the earth and it trembles; * he touches the mountains and they smoke.
- I will sing to the LORD as long as I live; *
 I will praise my God while I have my being.
- 35 May these words of mine please him; * I will rejoice in the LORD.
- 37 Bless the LORD, O my soul. * Hallelujah!

A Reading from the Letter of Paul to the Romans

[8: 22 - 27]

We know that the whole creation has been groaning in labor pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience. Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

Leader The Word of the Lord.

People Thanks be to God.



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The Holy Gospel

[John 15: 26 – 27; 16: 4b – 15;]

All Stand

Deacon

The Holy Gospel of our Lord Jesus Christ according to John.

People Glory be to you, Lord Christ.

Jesus said to his disciples, "When the Advocate comes, whom I will send to you from the Father, the Spirit of truth who comes from the Father, he will testify on my behalf. You also are to testify because you have been with me from the beginning. I did not say these things to you from the beginning, because I was with you. But now I am going to him who sent me; yet none of you asks me, 'Where are you going?' But because I have said these things to you, sorrow has filled your hearts. Nevertheless I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Advocate will not come to you; but if I go, I will send him to you. And when he comes, he will prove the world wrong about sin and righteousness and judgment: about sin, because they do not believe in me; about righteousness, because I am going to the Father and you will see me no longer; about judgment, because the ruler of this world has been condemned. I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you."

Deacon

The Gospel of the Lord.

People

Praise to you, Lord Christ.

Hymn 505 (St. 4)

O Spirit of Life

O HEILIGER GEIST

Please return to page 8, above

After the Homily, a period of silent reflection is kept.

THE NICENE CREED, standing

BCP p. 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

All stand or kneel for prayer.

Deacon: Pour out your Spirit upon all flesh and inspire us, O Holy One, that we may proclaim your prophesy of justice and speak your message of compassion and love saying: I will sing to God as long as I live; I will praise my God while I have my being.

Intercessor: Let your Spirit rest upon your Church like tongues of fire, O God, to inspire us to do your will. We remember our Presiding Bishop; Alan, our bishop; St. Paul's clergy and staff; and all lay and ordained ministers. I will sing to God as long as I live.

People: I will praise my God while I have my being.

Intercessor: May your Spirit move us through times of transition, we pray for the bishop candidates, for the work of the Bishop Transition Committee, and for the Convention delegates as we approach the selection of the tenth Bishop of Iowa.

People: I will praise my God while I have my being.

Intercessor: In our diocese, companion dioceses, and the Anglican Communion we pray for the clergy and people of Grace, Decorah and St James, Independence; St. Drostan Church and Lodge, Tarfside, Brechin; Nakafo Deanary, Nzara; The Bible Society throughout Swaziland; The Anglican Church of Melanesia.

People: I will praise my God while I have my being.

Intercessor: God looks at the earth and it trembles; God touches the mountains and they smoke: Let your glory go forth into all the world to guide the leaders of the nations, and all in authority, that they may obey your Spirit and bless your people. I will sing to God as long as I live.

People: I will praise my God while I have my being.

Intercessor: O Holy One, how manifold are your works; in wisdom you have made them all. Let your glory go forth to comfort all who live under poverty, violence, or threat, that everyone who calls upon the name of the Lord shall be saved. We pray for all refugees, the people of Syria, South Sudan, Iraq, Nigeria, Yemen; for those in areas of conflict, especially the people of Israel and Palestine, for the homeless, the hungry, the destitute, and those who are alone. I will sing to God as long as I live.

People: I will praise my God while I have my being.

Intercessor: You open your hand and fill all with good things, O gracious One: Bless this community, that our children may see visions and our elders dream dreams. I will sing to God as long as I live.

People: I will praise my God while I have my being.

Intercessor: Comfort with your life-giving Spirit those for whom we pray, The breath of the Spirit breathes new life into all creation: Raise into your resurrection life those who have died. I will sing to God as long as I live.

People: I will praise my God while I have my being.

Celebrant: Let the fire of your divine love descend upon us O God, to inspire and heal, to renew and empower, that the earth may be filed with your glory, and all creation sing to you in praise, through Jesus Christ the Risen One, in the power of the Holy Spirit, one God, for ever and ever. **Amen.**

THE CONFESSION AND ABSOLUTION

BCP page 360

Deacon: Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

THE PEACE

Celebrant The peace of the Lord be always with you.

People And also with you.

ANNOUNCEMENTS

Prayer for Ministry

Everliving God, we give you thanks for Father Zeb and his ministry among us: strengthen and sustain him, that with patience and understanding he may love and care for your people of St. John's, Murray, Kentucky; and grant that together they may follow Jesus Christ, offering to you their gifts and talents as we also offer ours to you; through him who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

On-line Giving Options: Visit <u>cathedralchurchofstpaul.org</u> and click "Donate Now."

The Holy Communion

Offertory Anthem If Ye Love Me Thomas Tallis

THE GREAT THANKSGIVING

Eucharistic Prayer B BCP p. 367

Celebrant The Lord be with you.

People And also with you

Celebrant Lift up your hearts.

People We lift them to the Lord.

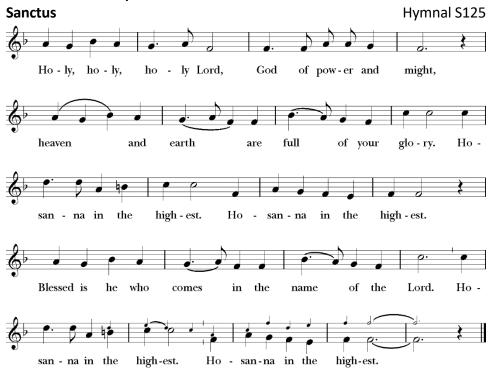
Celebrant Let us give thanks to the Lord our God.People It is right to give him thanks and praise.

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People



The people stand or kneel. Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and People:

We remember his death, We proclaim his resurrection, We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Paul and with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread

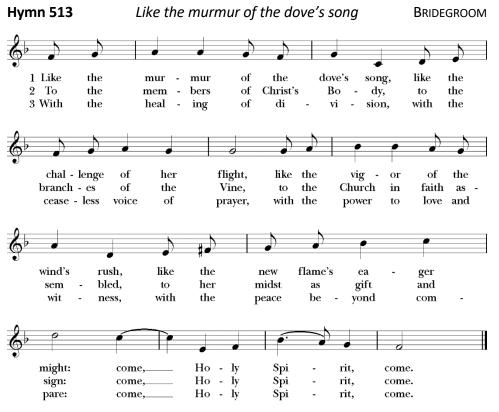
Celebrant: Alleluia. Christ our Passover is sacrificed for us.

People; Therefore let us keep the feast. Alleluia. *Celebrant:* The gifts of God for the People of God.

All baptized persons are welcome to receive Holy Communion. Please remain in your place and a clergy person will bring communion to you. Alternatively you are invited to receive a blessing, by crossing your arms over your chest.

Prayer for Spiritual Communion (St. Alphonsus de Liguori, 1696-1787) My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.

All baptized persons are welcome to receive Holy Communion. Please remain in your place and a clergy person will bring communion to you. Alternatively you are invited to receive a blessing, by crossing your arms over your chest.



Phrase 1 of each stanza may be sung by one group, with a contrasted group singing phrase 2, and all joining for the final phrase.

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After the people receive Communion a period of silent reflection is kept

POST COMMUNION PRAYER

BCP p. 365

After Communion, the Celebrant says Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Bishop when present, or the Priest, may bless the people

THE BLESSING

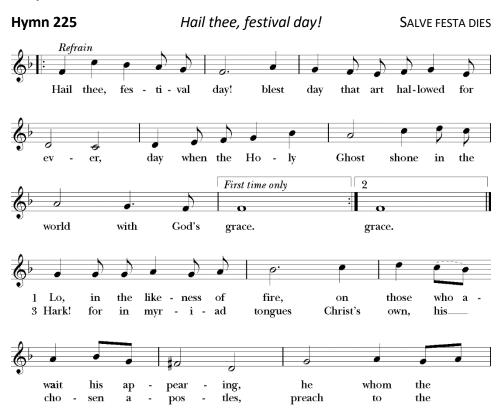
May the Spirit of truth lead you into all truth, giving you grace to confess that Jesus Christ is Lord, and to proclaim the wonderful works of God; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

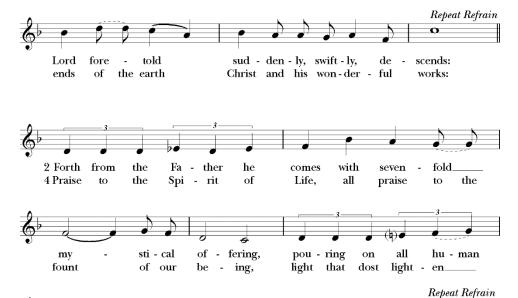
DISMISSAL

Deacon Let us go forth into the world, rejoicing in the power

of the Spirit.

People Thanks be to God.







The refrain may be sung once by choir alone and repeated by all. The stanzas may be sung by choir alone, alternately by contrasted groups, or by all.

Words: Venantius honorius Fortunatus (540?-600?); tr. English Hymnal, 1906, alt. Music: Salve festa dies, Ralph Vaughan Williams (1872-1958) Words, Music: Copyright © by permission of Oxford University Press. All rights reserved. Used with permission.

Organ Voluntary

Announcements for May 23, 2021

Today's Altar flowers are given by Mark Babcock and Anthony Braida to the Glory of God and in thanksgiving for the service of the Cathedral Choir and Fr. Zeb.

Parish Social Today at 11:00

Come reconnect with your friends at St. Paul's at our outdoor parish social. Come and wish Fr. Zeb farewell as he departs for his new ministry in Kentucky!

We will serve at Connection Café on Monday June 14 . We need 6 volunteers to make 20 lunches. To sign up go to https://volunteersignup.org/HL9EY

New St. Paul's website

Our new website features: A link to the livestream and bulletin directly on the home page, an announcements section where you can easily look up what was talked about in service, volunteer and ministry opportunities and more! We invite you to hop online and explore all that our new website has to offer. You may reach the site at both cathedralchurchofstpaul.org and stpaulsepiscopalcathedral.org.

St. Paul's Youth Summer Fine Arts Camp July 19 – July 23, 9:00 am – 12:30 pm

Ages 8 – 13 – Registration fee \$45 or \$80 for 2

Includes all materials, lunch, and snacks: scholarships available. Curriculum will incorporate music theory, church music, vocal exercise, handbells, architecture, and prayer. Choral experience welcome, not required. You can register on our website.

Please register by Friday, June 4.

From the Social Justice Committee:

- The Social Justice Committee will meet via Zoom on Monday, May 24, 2021 at 5:30. If you would like to be included in the Zoom invitation, please email Jean Davis at jeanmdavis9@gmail.com. If you cannot join the meeting but want to be involved in the future, please contact Jean. Please join us!
- Thanks to all of you who brought in food and other items for the Blessing Box!
 Your generous donations have been bagged into "grab and go" bags for those in need. If you know of someone in need, please feel free to take one of the prefilled bags. (For more information on the Blessing Box, see below.)
- Interested in Helping Someone Learn English?

 The Center for Social Ministry, located in Des Moines, is looking for volunteers for their English as a Second Language class. They need volunteers to have informal conversations with students to help them develop their English skills. Volunteers and students meet virtually on Thursdays from 6 7 p.m. No previous experience with English language learners is necessary. You must be 18, have access to a computer with an internet connection, and be fluent in English. To sign up to volunteer please go to https://centerforsocialministry.us3.list-manage.com/track/click?u=212dd070056b9a25c255ff6d7&id=08348dcd3d&e=7ac3315b43

Blessing Box

Canned Food and Other Essential Items Needed

St. Paul's Social Justice Committee is launching a canned food and other essential items drive to create a small supply of canned goods and other items to have on hand for distribution to those with an immediate need. Based upon the Blessing Box idea, (typically placed outside on the grounds of a church), we propose to maintain a small blessing box pantry of items which could then be distributed as needed. Donations can be dropped off in the cupboards marked for DMARC donations at the North Entrance. If you have questions, please feel free to contact Jean at:

jeandeacon@cathedralchurchofstpaul.org or 515.480.5432.

Today's Liturgical Ministers

Eight o'clock Eucharist: 1st lesson and Psalm - TBD 2nd lesson – Phyllis Melton Intercessor – Carol Clay Hall Audio – Mike Gillespie

Ten o'clock Eucharist: 1st lesson – Diane Haves Additional readers Sally Bates French Anthony Braida Portuguese Carla Carlson German Martin Chevalier Spanish

Donna Scarfe American Sign Language John Zickefoose English

Cantor – Austin Rozendaal 2nd lesson – Scott Jeneary Intercessor - TBD

Video – Nate Thiessen:

Audio – TBD

Chapter Counters – Phyllis Melton, Diane Hayes



Mission Statement: The Cathedral Church of St. Paul, the Cathedral and liturgical center of the Episcopal Diocese of Iowa, is a vital metropolitan Christian community. We are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond our parish church.