



ST. PAUL'S EPISCOPAL CATHEDRAL

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297
cathedralchurchofstpaul.org

The Seventh Sunday of Easter: The Sunday after Ascension Day Choral Eucharist

Sunday, May 16, 2021

Ten o'clock in the morning

Per recent guidance from the Diocesan Task Force on Regathering, congregations may now sing quietly. Please remain masked.

Organ Voluntary

Hymn 460

Alleluia! sing to Jesus!

HYFRYDOL

(St. 1 – 3)

1 Al - le - lu - ia! sing to Je - sus! his the
 *2 Al - le - lu - ia! not as or - phans are we
 3 Al - le - lu - ia! bread of Hea - ven, Thou on
 4 Al - le - lu - ia! King e - ter - nal, thee the
 *5 Al - le - lu - ia! sing to Je - sus! his the

1 scep - ter, his the throne; Al - le - lu - ia! his the
 2 left in sor - row now; Al - le - lu - ia! he is
 3 earth our food, our stay! Al - le - lu - ia! here the
 4 Lord of lords we own; Al - le - lu - ia! born of
 5 scep - ter, his the throne; Al - le - lu - ia! his the

1 tri - umph, his the vic - to - ry a - lone; Hark! the
 2 near us, faith be - lieves, nor ques - tions how: though the
 3 sin - ful flee to thee from day to day: In - ter -
 4 Ma - ry, earth thy foot - stool, heaven thy throne: thou with -
 5 tri - umph, his the vic - to - ry a - lone; Hark! the

1 songs of peace - ful Zi - on thun - der like a
 2 cloud from sight re - ceived him, when the for - ty
 3 ces - sor, friend of sin - ners, earth's Re - deem - er,
 4 in the veil hast en - tered, robed in flesh, our
 5 songs of ho - ly Zi - on thun - der like a

1 might - y flood; Je - sus out of ev - ery
 2 days were o'er, shall our hearts for - get his
 3 plead for me, where the songs of all the
 4 great High Priest: thou on earth both Priest and
 5 might - y flood; Je - sus out of ev - ery

1 na - tion hath re - deemed us by his blood.
 2 prom - ise, "I am with you ev - er - more?"
 3 sin - less sweep a - cross the crys - tal sea.
 4 Vic - tim in the eu - cha - ris - tic feast.
 5 na - tion hath re - deemed us by his blood.

Words: William Chatterton Dix (1837-1898) Music: *Hyfrydol*, Rowland Hugh Prichard (1811-1887)

THE EASTER GREETING

Celebrant Alleluia. Christ is risen.

People The Lord is risen indeed. Alleluia.

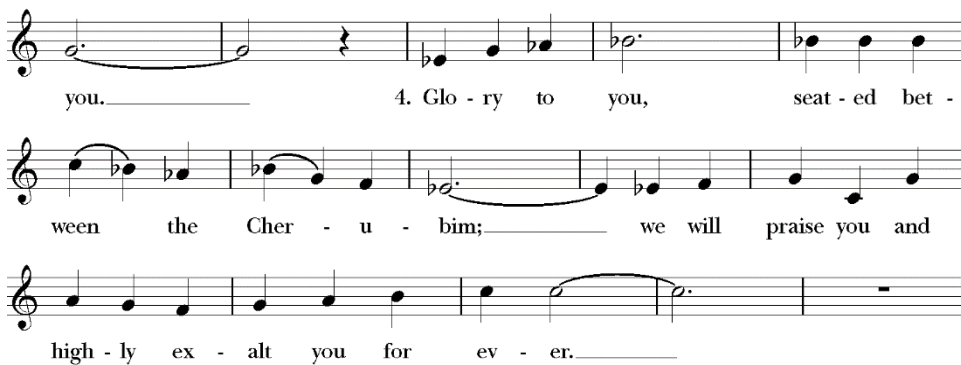
The Celebrant may say

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

The Gloria

S236

1. Glo - ry to you, _____ Lord
 God of our fa - thers; _____ you are wor - thy of praise;
 glo - ry to you. _____ 2. Glo - ry to you _____
 _____ for the ra - di-ance of your ho - ly Name; _____ we will
 praise you and high-ly ex - alt you for ev - er. _____
 3. Glo - ry to you _____ in the splen - dor of your
 tem - ple; _____ on the throne of your ma - jes - ty, glo - ry to

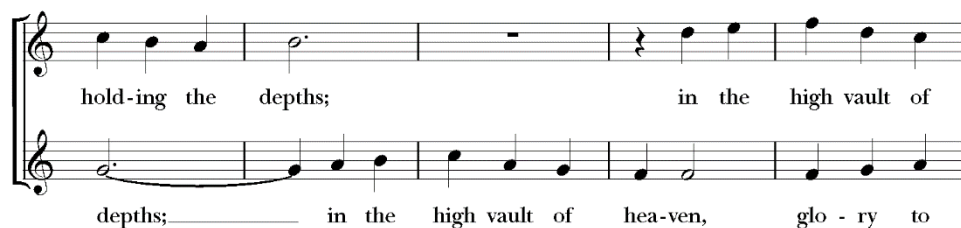


you. 4. Glo - ry to you, seat - ed bet -
 ween the Cher - u - bim; we will praise you and
 high - ly ex - alt you for ev - er.

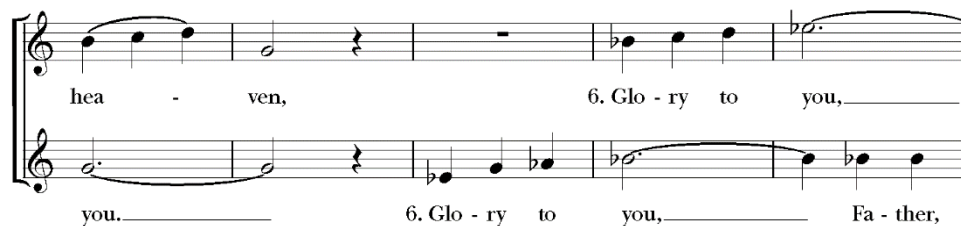
Descant



5. Glo - ry to you, be -
 5. Glo - ry to you, be - hold - ing the



hold - ing the depths; in the high vault of
 depths; in the high vault of hea - ven, glo - ry to



hea - ven, 6. Glo - ry to you,
 you. 6. Glo - ry to you, Fa - ther,

— Fa - ther, Son, and Ho - ly Spi - rit; we will
 Son, and Ho - ly Spi - rit; we will praise you and
 high-ly ex - alt you Glo - ry to you!
 high-ly ex - alt you for ev - er.

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

O God, the King of glory, you have exalted your only Son Jesus Christ with great triumph to your kingdom in heaven: Do not leave us comfortless, but send us your Holy Spirit to strengthen us, and exalt us to that place where our Savior Christ has gone before; who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. **Amen.**

THE LESSONS

A Reading from the Acts of the Apostles [1: 15 – 17, 21 – 26]

In those days Peter stood up among the believers (together the crowd numbered about one hundred twenty persons) and said, "Friends, the scripture had to be fulfilled, which the Holy Spirit through David foretold concerning Judas, who became a guide for those who arrested Jesus—for he was numbered among us and was allotted his share in this ministry. So one of the men who have accompanied us during all the time that the Lord Jesus went in and out among us, beginning from the baptism of John until the day when he was taken up from us—one of these must become a witness with us to his resurrection." So they proposed two, Joseph called

A Reading from the First Letter of John

[5: 9 - 13]

If we receive human testimony, the testimony of God is greater; for this is the testimony of God that he has testified to his Son. Those who believe in the Son of God have the testimony in their hearts. Those who do not believe in God have made him a liar by not believing in the testimony that God has given concerning his Son. And this is the testimony: God gave us eternal life, and this life is in his Son. Whoever has the Son has life; whoever does not have the Son of God does not have life. I write these things to you who believe in the name of the Son of God, so that you may know that you have eternal life.

Leader The Word of the Lord.

People Thanks be to God.

Hymn 178 (St. 1)

Alleluia

ALLELUIA NO. 1

The musical score is written for two staves in G major (one sharp) and 4/4 time. It begins with a *Descant* section consisting of two measures of whole notes: G4, A4, B4, C5. This is followed by a *Refrain* section. The first line of the refrain has two measures: G4 (quarter), A4-B4 (eighth notes), C5 (quarter), and G4 (quarter). The second line of the refrain has four measures: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter); G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter); G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter); and G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter). The final line of the refrain has four measures: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter); G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter); G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter); and G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter). The score concludes with a *Final Ending* section consisting of two measures: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter); and G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter).

Descant
Al - le - lu - ia, al - le -

Refrain
Al - le - lu - ia, al - le - lu - ia! Give thanks to the

lu - ia, al - le - lu - ia!

ris - en Lord. Al - le - lu - ia, al - le - lu - ia! Give

1-4 *Final Ending*
Praise to his Name. Name.

Praise to his Name. Name.

1 Je - sus is Lord of all the earth.
 2 Spread the good news o'er all the earth:
 3 We have been cru - ci - fied with Christ.
 4 Come, let us praise the liv - ing God,

He is the King of cre - a - tion.
 Je - sus has died and has ris - en. Al - le -
 Now we shall live for ev - er.
 joy - ful - ly sing to our Sa - vior.

Repeat Refrain

The descant may be sung after stanzas 3 and 4.

Words: Donald Fishel (b. 1950) Music: *Alleluia No.1*, Donald Fishel (b. 1950) Words, Music (melody): Copyright ©1973, The Word of God.
 arr. Betty Pulkingham (b. 1928), Charles Mallory (b. 1950) and George Mims (b. 1938) Copyright ©1979, Celebration.
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The Holy Gospel

[John 17: 6 – 19]

All Stand

Deacon The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory to you, Lord Christ.**

Jesus prayed for his disciples saying, "I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and

yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one. While I was with them, I protected them in your name that you have given me. I guarded them, and not one of them was lost except the one destined to be lost, so that the scripture might be fulfilled. But now I am coming to you, and I speak these things in the world so that they may have my joy made complete in themselves. I have given them your word, and the world has hated them because they do not belong to the world, just as I do not belong to the world. I am not asking you to take them out of the world, but I ask you to protect them from the evil one. They do not belong to the world, just as I do not belong to the world. Sanctify them in the truth; your word is truth. As you have sent me into the world, so I have sent them into the world. And for their sakes I sanctify myself, so that they also may be sanctified in truth.”

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The Homily

The Rev. Nicola Bowler

THE NICENE CREED, *standing*

BCP p. 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And also with you.**

ANNOUNCEMENTS

THE GREAT THANKSGIVING

Offertory Music

Alleluia

W. A. Mozart

Kirsten Buniak, soprano

On-line Giving Options: Visit cathedralchurchofstpaul.org and click "Donate Now."

Eucharistic Prayer D

BCP p. 372

The Lord be with you. **And also with you**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

The Celebrant continues

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever. Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance. Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

Sanctus

Hymnal S125

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

The People stand. Then the Celebrant continues

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you. This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

Celebrant and People:

We praise you, we bless you, we give thanks to you, and we pray to you, Lord our God.

The Celebrant: continues

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy People, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ. Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name. Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

Deacon:

Remember Michael our Presiding Bishop; Alan, our bishop; St. Paul's Cathedral clergy and staff; all lay and ordained ministers, and all who minister in your Church.

We pray for the bishop candidates for the work of the Bishop Transition Committee, and for the Convention delegates as we approach the selection of the tenth Bishop of Iowa.

In our diocese, companion dioceses, and the Anglican Communion we pray for the clergy and people of St. John's by the Campus, Ames; St. Ninian, Dundee, Brechin; Nambia Parish, Nzara; Lay ministers serving in parishes and congregations throughout Swaziland; The Anglican Church of South Korea.

Remember all your people, and those who seek your truth.

Remember all who have died in the peace of Christ, and those whose faith is known to you alone; bring them into the place of eternal joy and light.

The Celebrant then continues

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, with St. Paul and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord. Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever.
AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

In Unison

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread

Fraction Anthem

Hymnal S154

This setting is not used in Lent.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.
Christ our Pass - o - ver is sac - ri - ficed for us;
there - fore let us keep the feast.
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Celebrant The gifts of God for the People of God.

All baptized persons are welcome to receive Holy Communion. Please remain in your place and a clergy person will bring communion to you. Alternatively you are invited to receive a blessing, by crossing your arms over your chest.

Prayer for Spiritual Communion (St. Alphonsus de Liguori, 1696-1787)

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. **Amen.**

Communion Music

POST COMMUNION PRAYER

BCP p. 365

After Communion, the Celebrant says

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

The God of peace, who brought again from the dead our Lord Jesus Christ, the great Shepherd of the sheep, through the blood of the everlasting covenant, make you perfect in every good work to do his will, working in you that which is well-pleasing in his sight; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Hymn 307
(St. 1, 2, & 5)

Lord, enthroned in heavenly splendor

BRYN CALFARIA

1 Lord, en - throned in heaven - ly splen - dor, first - be -
*2 Here our hum - blest hom - age pay we, here in
*3 Though the low - liest form doth veil thee as of
4 Pas - chal Lamb, thine of - fering, fi - nished once for
5 Life - im - part - ing heaven - ly Man - na, smit - ten

1 got - ten from the dead. Thou a - lone, our strong de -
2 lov - ing rev - erence bow; here for faith's dis - cern - ment
3 old in Beth - le - hem, here as there thine an - gels
4 all when thou wast slain, in its full - ness un - di -
5 Rock with stream - ing side, heaven and earth with loud ho -

Al - le -
1 fend - er, lift - est up thy peo - ple's head.
2 pray we, lest we fail to know thee now.
3 hail thee, branch and flower of Jes - se's stem.
4 min - ished shall for ev - er - more re - main.
5 san - na wor - ship thee, the Lamb who died.

lu - ia! Al - le - lu - ia! Al - le - lu - ia!

Al - le - lu - ia! Al - le - lu - ia!

lu - ia!

Al - le - lu - ia!

1 Je - sus, true and liv - ing
 2 Thou art here, we ask not
 3 We in wor - ship join with
 4 Cleans - ing us from ev - ery
 5 Risen, a - scend - ed, glo - ri -

bread! Je - sus, true and liv - ing bread!

2 how. Thou art here, we ask not how.

3 them. We in wor - ship join with them.

4 stain. Cleans - ing us from ev - ery stain!

5 fied! Risen, a - scend - ed, glo - ri - fied!

Words: George Hugh Bourne (1840-1925), alt. Music: *Bryn Calfaria*, melody William Owen (1813-1893); harm. *Christian Hymns*, 1977

DISMISSAL

Deacon Let us go forth in the name of the risen Christ. Alleluia, alleluia!

People Thanks be to God. Alleluia, alleluia!

Organ Voluntary

Announcements for May 16, 2021

Today's Altar flowers are given in memory of Francis and Thelma Melton

Today at 4:00 pm – Choral Evensong

**Alex Kane – a new and gifted metro-area composer
and a new and exciting Evensong.**

Please join us for Choral Evensong today at 4:00 pm. This special service features music by Cathedral Choir member Alex Kane. The service will be available in person and livestreamed. The same safety protocols for Sunday morning apply. We offer this beautiful service of sung prayer on behalf of a broken world. Find rest, hope, healing, and inspiration from this unique Anglican tradition.

Central College A Capella Choir Concert at St. Paul's

The Central College A Capella Choir, under the direction of Mark Babcock, concludes its Spring 2021 tour with a concert at St. Paul's on **Wednesday, May 19 at 7:30 pm**. The concert is free, and open to the public. To sign up to attend in person click here. <https://rsvp.church/r/bdozFD5m>

Save the Date: Pentecost Sunday – May 23 – Parish Social

Pentecost Sunday this year is May 23, and we hope you will join us. Come reconnect with your friends at St. Paul's at our outdoor parish social on Pentecost Sunday, 11:00 am. Come and wish Fr. Zeb farewell as he departs for his new ministry in Kentucky! Fish & chips, burgers & chips, or bangers & mash will be catered by The Mucky Duck Pub of Ames. Advance food orders are encouraged: Call the church office (515) 288-7297 or [email administrator@cathedralchurchofstpaul.org](mailto:administrator@cathedralchurchofstpaul.org)

**Pay on the day, cash or check only;
Please make checks payable to St. Paul's.**

**Please note that the Cathedral Office will be closed for Memorial Day
on Monday, May 31.**

♪ St. Paul's Youth Summer Fine Arts Camp ♪

July 19 – July 23, 2021

Ages 8 -13

Please register by Friday, June 4.

Curriculum will incorporate music theory, church music, vocal exercise, dance, handbells, architecture, and prayer. Registration fee \$45 or \$80 for 2 (includes all materials, lunch, and snacks; scholarships available). Limited to 25 and following Department of Education health protocols. To register, please visit our website: cathedralchurchofstpaul.org

This service from St. Paul's is being livestreamed, and you may be seen on camera. If you would like to sit in a less noticeable pew, please speak with an Usher who will resear you.



ST. PAUL'S
EPISCOPAL CATHEDRAL

Mission Statement: The Cathedral Church of St. Paul, the Cathedral and liturgical center of the Episcopal Diocese of Iowa, is a vital metropolitan Christian community. We are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond our parish church.