

815 High Street  $\Phi$  Des Moines, IA 50309  $\Phi$  515-288-7297 www.stpaulsdm.org

## The Third Sunday in Lent

**Choral Eucharist** 

| Sunday, March 12, 2023                                      |   | Ten o'clock in the morning |  |  |
|---|---|----------------------------|--|--|
| Organ Voluntary   |   |                            |  |  |
| Hymn 143  | The glory of these forty  | days Erhalt uns, Herr      |  |  |
| A PENITENTIAL ORD<br>Celebrant<br>People                    | DER FOR LENT<br>Bless the Lord who forgives<br>His mercy endures for ever.        |                            |  |  |
| <b>THE DECALOGUE</b><br>All kneeling as al                  | ble   | BCP p. 350                 |  |  |
| THE CONFESSION AND ABSOLUTION                               |   | BCP page 352               |  |  |
| Kyrie   | (in the front section of the  | Hymnal) S95                |  |  |
| The people stand<br>Celebrant<br><b>People</b><br>Celebrant | <i>ling</i><br>The Lord be with you.<br><b>And also with you.</b><br>Let us pray. |                            |  |  |

#### THE COLLECT OF THE DAY

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.** 

#### THE LESSONS

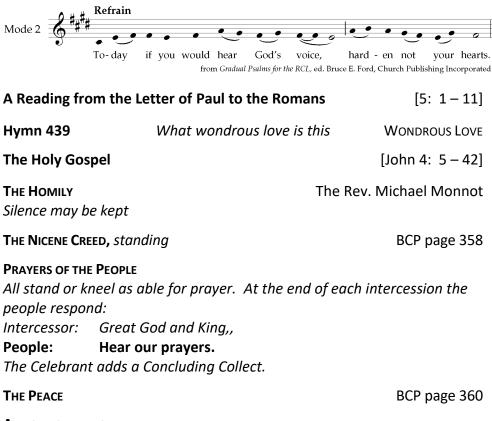
### A Reading from the Book of Exodus [17: 1-7]

Psalm 95

Venite, exultemus

BCP p. 724

The Cantor sings the refrain initially and the People join when invited



**ANNOUNCEMENTS** 

| The Holy Commur<br>Offertory Music       | nion<br>O Lord, Increase My Faith    |              |
|--|--------------------------------------|--------------|
| The Great Thanksgi<br>Eucharistic Prayer |                                      | BCP p. 361   |
| Sanctus                                  | (in the front section of the Hymnal) | S124         |
| THE LORD'S PRAYER                        |                                      | BCP page 364 |
| THE BREAKING OF THE                      | BREAD                                |              |

| Fraction Anthem | (in the    | front section o | f the Hv                                | ımnal                                   | ) ( | 5160 |
|-----------------|------------|-----------------|---|---|-----|------|
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All who seek a deeper life in Christ are welcome to receive Holy Communion by moving forward to the altar rail or by remaining in your place and indicating to an usher that you would like to receive. Alternatively, you are welcome to receive a blessing, indicated by crossing your arms over your chest. If you are not yet baptized and feel drawn to receive Holy Communion, please speak with a priest about baptism after the service.

| Hymn 692 | I heard the voice of Jesus | THE THIRD TUNE |  |
|----------|----------------------------|----------------|--|
|          |                            |                |  |

After the people receive Communion a period of silent reflection is kept

POST COMMUNION PRAYER

BCP p. 365

#### THE PRAYERS OVER THE PEOPLE

The Deacon or, in the absence of a deacon the Celebrant saysDeaconLet us bow down before the Lord.

The people kneel and the Celebrant says the following prayer:

Celebrant Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.** 

| Hymn 498  | Beneath the cross of Jesus | ST. CHRISTOPHER |  |
|-----------|----------------------------|-----------------|--|
| DISMISSAL |                            |                 |  |

**Organ Voluntary** 

#### Announcements for March 12, 2023

#### Today at St. Paul's

- We welcome The Rev. Michael Monnot, who is preaching and celebrating with us at both services today.
- Connection Café: All are welcome to help make sandwiches after both services. We will serve tomorrow, March 13, 2023.
- The Sunday Group meets at 9:00 a.m. in the Library. We are reading and discussing the book Calling on the Holy Spirit by William Countryman.

#### Canned Food Drive in Lent

Hunger and food insecurity remain problems in the Des Moines metro area and local DMARC food pantries are straining to meet the need. You can help fill the DMARC food pantry shelves by contributing to the canned food drive that St. Paul's will be conducting during Lent. To participate, simply bring canned food items to St. Paul's anytime during Lent. Collection boxes will be conveniently located at all entrance doors. Please provide canned goods only. Thank you for your consideration and support!

#### St. Paul's Cathedral Arts offers Choral Evensong on the third Sunday of the month Sunday, March 19 at 4:00 p.m.

# More information about all our activities can be found on the handouts and on our website: <u>www.stpaulsdm.org</u>

#### **Today's Liturgical Ministers**

Crucifer – Alex Kane Torch-bearers – Robert Monnot, Thomas Monnot 1<sup>st</sup> lesson – Henry Harmon Cantor – Tom Smith 2<sup>nd</sup> lesson – Peggy Aerisolphal Intercessor – Jonathan Hansen Audio System – Harold Alexander Ushers – Cheryl & Rick Stearns Chapter Counters – Stephanie Wells, Samuel Hutchisson, (alt., Tom Smith)



Mission Statement: St. Paul's Episcopal Cathedral is a welcoming, worshiping community committed to living Christ's unconditional love through fellowship, service, and kindness. Vision Statement: Grounded in Worship. Deepening in Faith. Reaching Out in Love.