



ST. PAUL'S
EPISCOPAL CATHEDRAL

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297
www.stpaulsdm.org

The Third Sunday in Lent
Choral Eucharist

Sunday, March 3, 2024

Ten o'clock in the morning

Organ Voluntary

Hymn 149

Eternal Lord of love

OLD 124TH

A PENITENTIAL ORDER FOR LENT

BCP p. 351

Celebrant

Bless the Lord who forgives all our sins.

People

His mercy endures for ever.

THE DECALOGUE

BCP p. 350

All kneeling as able

THE CONFESSION AND ABSOLUTION

BCP p. 352

Kyrie

(in the front section of the Hymnal)

S96

Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy. Lord, Christ, have mer - cy.

Christ, have mer - cy. Christ, have mer - cy.

Lord, have mer - cy. Lord, have mer - cy. Lord, -

Lord, have mer - cy. Lord, have mer - cy.

Lord, have mer - cy, have mer - cy.

Lord, have mer - cy, have mer - cy.

Music: From *Deutsche Messe*; Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937). Copyright © 1985 GIA Publications, Inc.

The people standing

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

THE COLLECT OF THE DAY

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LESSONS

A Reading from the Book of Exodus

[20: 1 – 17]

Psalms 118

Cæli enarrant

BCP p. 606

The Cantor sings the refrain initially and the People join when invited

Mode 4

Refrain

The stat-utes of the Lord re - jice the heart.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated.

A Reading from the First Letter of Paul to the Corinthians

[1: 18 – 25]

Hymn 439 (St. 1 & 2) *What wondrous love is this*

WONDROUS LOVE

The Holy Gospel

[John 2: 13 – 22]

THE HOMILY

The Rev. John Doherty

Silence may be kept

THE NICENE CREED, standing

BCP page 358

PRAYERS OF THE PEOPLE FORM I

BCP p. 383

All stand or kneel as able for prayer.

Deacon With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."

The Celebrant adds a Concluding Collect and the People respond Amen.

THE PEACE

BCP page 360

ANNOUNCEMENTS

The Holy Communion

Offertory Music

Prayer of St. Francis

Allen Pote

THE GREAT THANKSGIVING

Eucharistic Prayer A

BCP p. 361

Sursum Corda

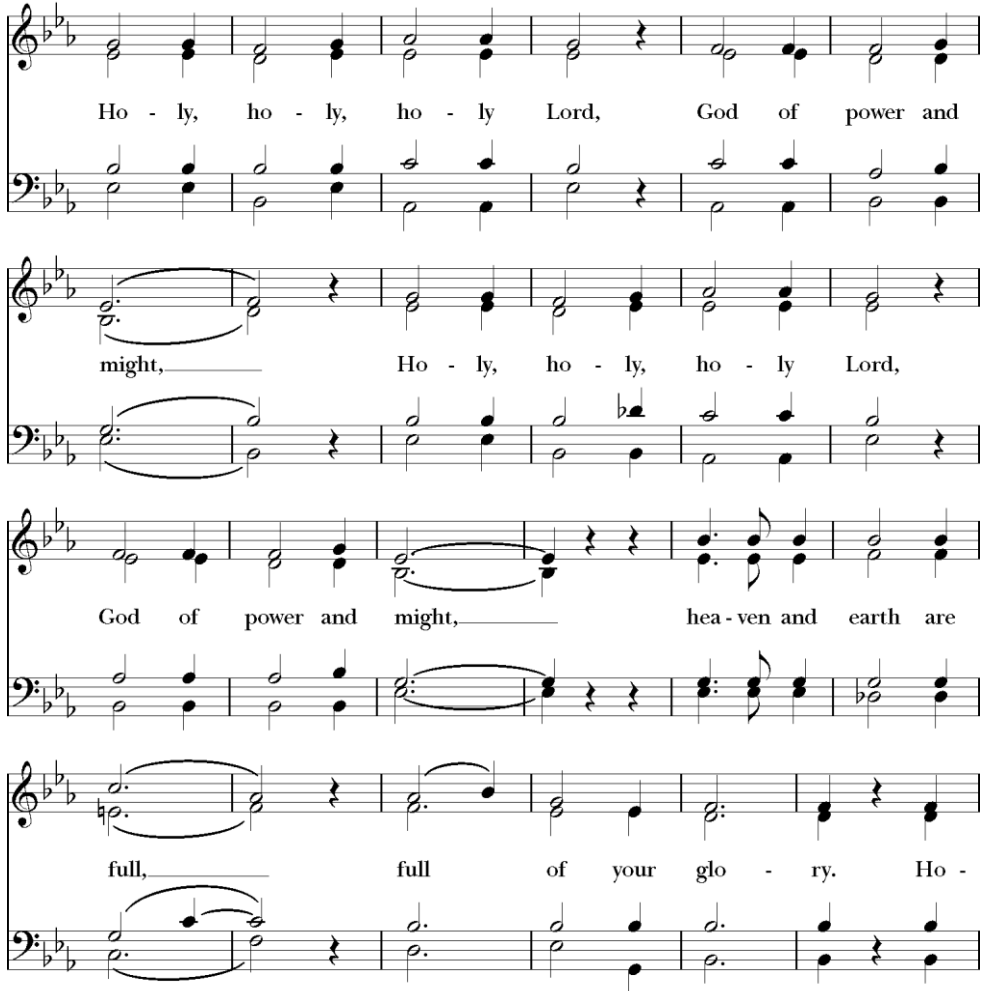
in the front section of the Hymnal

S112

Sanctus

S130

In unison



Ho - ly, ho - ly, ho - ly Lord, God of power and
might, Ho - ly, ho - ly, ho - ly Lord,
God of power and might, hea - ven and earth are
full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

The Lord's Prayer (in the front section of the Hymnal)

S119

Priest

Choir and Congregation

Our Fa - ther, who art in hea - ven, hal - low - ed
be thy Name, thy king - dom come, thy will be done,
on earth as it is in hea - ven. Give us this day our
dai - ly bread. And for - give us our tres - pas - ses,
as we for - give those who tres - pass a - gainst us. And lead
us not in - to temp - ta - tion, but de - liv - er us
from e - vil. For thine is the king - dom, and the power,
and the glo - ry, for ev - er and ev - er. A - men.

Music: Plainsong; adapt. Charles Winfred Douglas (1867-1944). Setting: Copyright © Church Publishing Inc.

THE BREAKING OF THE BREAD

Fraction Anthem

S164

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

All who seek a deeper life in Christ are welcome to receive Holy Communion by moving forward to the altar rail or by remaining in your place and indicating to an usher that you would like to receive. Alternatively, you are welcome to receive a blessing, indicated by crossing your arms over your chest. If you are not yet baptized and feel drawn to receive Holy Communion, please speak with a priest about baptism after the service.

Hymn 669 *Commit thou all that grieves thee*

HERZLICH TUT
MICH VERLANGEN

Stanza 1 sung by all

Stanza 2 sung in unison treble voices

Stanza 3 sung in unison bass voices

Stanza 4 sung by all

After the people receive Communion a period of silent reflection is kept

POST COMMUNION PRAYER

BCP p. 365

THE PRAYERS OVER THE PEOPLE

The Deacon or, in the absence of a deacon the Celebrant says

Deacon Let us bow down before the Lord.

The people kneel and the Celebrant says the following prayer:

Celebrant Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

Hymn 474 *When I survey the wondrous cross*

ROCKINGHAM

DISMISSAL

Organ Voluntary

Announcements for March 3, 2024

Today at St. Paul's

- We welcome Rev. Jean McCarthy, who is celebrating at both services today.

Volunteer opportunities to Make and Deliver Connection Cafe Lunches on **March 10 and 11, 2024**. are now open. Please click on the following web link (or copy it into your web browser if clicking doesn't work) to go to the signup sheet: volunteersignup.org/X98RM. To sign up, just follow the instructions on the page. It only takes a few seconds to do. Thank you for volunteering!

St. Paul's Cathedral Arts: Sunday, March 17

3:30 pm organ recital (Ross Jallo, Guest Organist)

with Choral Evensong led by Central College Chamber Singers
and The Howells Scholars at 4:00 pm

St. Paul's Partners With the Free Store on a Project During Lent

The Free Store is a 501c3 charity located in downtown Des Moines which gives furniture and household items to needy families. Our project for Lent this year is to collect needed **kitchen** items. For example: **new or gently used**: kitchen tools; baking dishes and pans; pots and pans; cookie sheets; toasters; coffee makers; toaster ovens; measuring cups; cooking and baking whisks, spoons and spatulas; frying pans; oven mitts; plates and bowls; silverware, etc. If you have any of these items to donate to the Free Store, please bring them to St. Paul's sometime during Lent. For more information please contact Deacon Jean.

HOLY WEEK

J O U R N E Y W I T H U S

March 24: Palm Sunday

8:00 am Holy Eucharist

10:00 am Choral Eucharist **L**

March 25: Monday in Holy Week

5:00 pm Evening Prayer **C**

March 26: Tuesday in Holy Week

5:00 pm Evening Prayer **CB**

March 27: Wednesday in Holy Week

12:00 pm Holy Eucharist **C**

7:00 pm Tenebrae Service led by St. Paul's Youth **L**

March 28: Maundy Thursday

7:00 pm Holy Eucharist & Stripping of the Altar **LB**

8:00 pm Contemplation **C**

March 29: Good Friday

12:00 pm Liturgy

7:00 pm Sung Liturgy **LB**

March 30: Holy Saturday

7:00 pm The Great Vigil of Easter **ILB**

March 31: Easter Sunday

8:00 am Holy Eucharist

10:00 am Festival Eucharist **IL**

I Incense In Use C In High Street Chapel
L Livestream Available B Bishop Monnot Present

Today's Ministers

Eight o'clock Eucharist:

Presider – The Rev. Jean McCarthy

Homilist – The Rev. John Doherty

Deacon – The Rev. Jean Davis, The Rev. John Doherty

Crucifer – TBD

1st lesson and Psalm – Sharon

Gentsch

2nd lesson – Chris Cyran

Intercessor – Chris Cyran

Eucharistic Ministers – Sharon

Gentsch

Organist/Choirmaster Canon Mark Babcock

Audio – St. Paul's Team Member

Ten o'clock Eucharist:

Presider – The Rev. Jean McCarthy

Homilist – The Rev. John Doherty

Deacon – The Rev. Jean Davis, The Rev. John Doherty

Crucifer – Jolene Phelps

Torch-bearers – St. Paul's Team

Members

1st lesson – St. Paul's Team Member

Cantor – Austin Rozendaal

2nd lesson – Peggy Aerisolphal

Intercessor – St. Paul's Team Member

Eucharistic Ministers – St. Paul's Team Members

Audio – Ellen Cleveland

Video – Nathan Thiessen

Ushers – St. Paul's Team Members

Assistant Choirmaster – Josh Boggs

Organist/Choirmaster Canon Mark Babcock

Members of St. Paul's Cathedral Choir

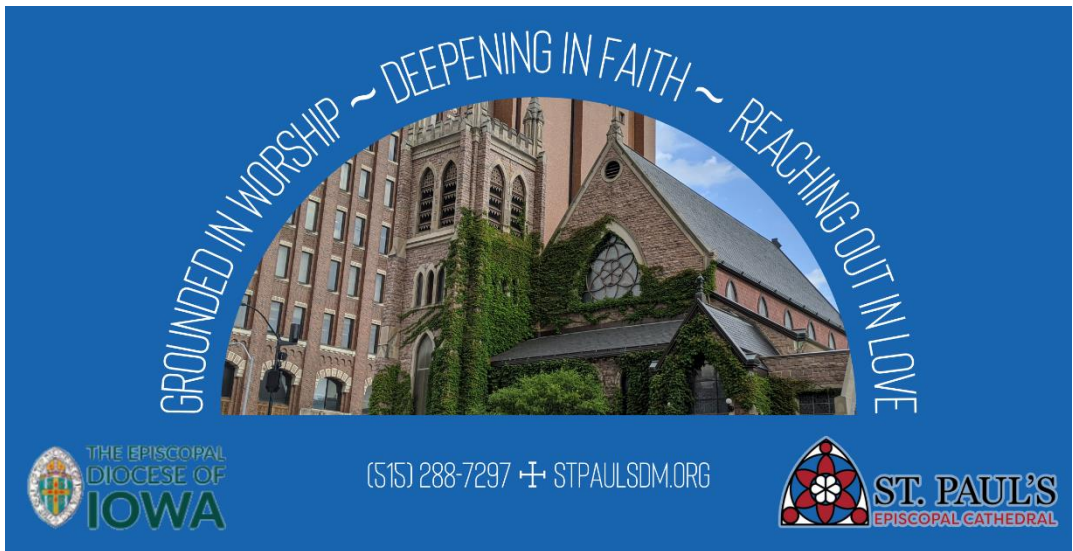
Chapter Counters – Nathan Brown, Al Geiger (alt. Samuel Hutchisson)

Coffee Hour Hosts – Ro Ruth-Bany



Mission Statement: St. Paul's Episcopal Cathedral is a welcoming, worshiping community committed to living Christ's unconditional love through fellowship, service, and kindness.

Vision Statement: Grounded in Worship. Deepening in Faith. Reaching Out in Love.



Weekly Services at the Cathedral

Sunday

8:00 am

Holy Eucharist, Rite I

10:00 am

Holy Eucharist Rite II livestreamed and on Facebook

Wednesday Noon Eucharist

12:05 pm in the Chapel.

To learn more about St. Paul's events and connect with us,
please visit: stpaulsdm.org/next