



ST. PAUL'S
EPISCOPAL CATHEDRAL

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297
cathedralchurchofstpaul.org

The Seventh Sunday After the Epiphany
Choral Eucharist

Sunday, February 20, 2022

Ten o'clock in the morning

Facemasks required on entering the Cathedral

Organ Voluntary

Love Divine, All Loves Excelling

Gerhard Krapf

The Word of God

Hymn 657

Love divine, all loves excelling

HYFRYDOL

1 Love di - vine, all loves ex - cell - ing, joy of heaven, to
2 Come, al - might - y to de - liv - er, let us all thy
3 Fi - nish then thy new cre - a - tion; pure and spot - less

earth come down, fix in us thy hum - ble dwell - ing, all thy
life re - ceive; sud - den - ly re - turn, and nev - er, nev - er -
let us be; let us see thy great sal - va - tion per - fect -

faith - ful mer - cies crown. Je - sus, thou art all com - pas - sion,
 more thy tem - ples leave. Thee we would be al - way bless - ing,
 ly re - stored in thee: changed from glo - ry in - to glo - ry,

pure, un - bound - ed love thou art; vis - it us with
 serve thee as thy hosts a - bove, pray, and praise thee
 till in heaven we take our place, till we cast our

thy sal - va - tion, en - ter ev - ery trem - bling heart.
 with - out ceas - ing, glo - ry in thy per - fect love.
 crowns be - fore thee, lost in won - der, love, and praise.

Words: Charles Wesley (1707-1788) Music: *Hyfrydol*, Rowland Hugh Prichard (1811-1887)

THE GREETING

Celebrant

Blessed be God: Father, Son, and Holy Spirit.

People

And blessed be God's kingdom, now and for ever.

Amen.

Gloria

S280

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - might - y God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,
you a - lone are the Lord, 7. you a - lone are the Most

High, Je - sus Christ, with the Ho - ly Spi - rit, in the
glo - ry of God the Fa - ther. A - men.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

O Lord, you have taught us that without love whatever we do is worth nothing: Send your Holy Spirit and pour into our hearts your greatest gift, which is love, the true bond of peace and of all virtue, without which whoever lives is accounted dead before you. Grant this for the sake of your only Son Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE LESSONS, *the People sit*

A Reading from the Book of Genesis [45: 3 – 11, 15]

Joseph said to his brothers, 'I am Joseph. Is my father still alive?' But his brothers could not answer him, so dismayed were they at his presence. Then Joseph said to his brothers, "Come closer to me." And they came closer. He said, "I am your brother Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither ploughing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, 'Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children's children, as well as your flocks, your herds,


and all that you have. I will provide for you there – since there are five more years of famine to come – so that you and your household, and all that you have, will not come to poverty.” And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

Leader The Word of the Lord.

People **Thanks be to God.**

Psalm 37: 1 – 12, 41 – 42 *Noli æmulari* BCP page 633

The Cantor sings the refrain initially and the People join when invited

Mode 7 
Put your trust in the Lord and do good.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated

- 1 Do not fret yourself because of evildoers; *
 do not be jealous of those who do wrong.
- 2 **For they shall soon wither like the grass, ***
 and like the green grass fade away.
- 3 Put your trust in the Lord and do good; *
 dwell in the land and feed on its riches.
- 4 **Take delight in the Lord, ***
 and he shall give you your heart's desire.
- 5 Commit your way to the Lord and put your trust in him, *
 and he will bring it to pass.
- 6 **He will make your righteousness as clear as the light ***
 and your just dealing as the noonday.
- 7 Be still before the Lord *
 and wait patiently for him.
- 8 **Do not fret yourself over the one who prospers, ***
 the one who succeeds in evil schemes.
- 9 Refrain from anger, leave rage alone; *
 do not fret yourself; it leads only to evil.
- 10 **For evildoers shall be cut off, ***
 but those who wait upon the Lord shall possess the land.

- 11 In a little while the wicked shall be no more; *
you shall search out their place, but they will not be there.
- 12 But the lowly shall possess the land; *
they will delight in abundance of peace.**
- 41 But the deliverance of the righteous comes from the Lord; *
he is their stronghold in time of trouble.
- 42 The Lord will help them and rescue them; *
he will rescue them from the wicked and deliver them,
because they seek refuge in him.**

A Reading from the First Letter of Paul to the Corinthians

[15: 35 – 38, 42 – 50]

Someone will ask, “How are the dead raised? With what kind of body do they come?” Fool! What you sow does not come to life unless it dies. And as for what you sow, you do not sow the body that is to be, but a bare seed, perhaps of wheat or of some other grain. But God gives it a body as he has chosen, and to each kind of seed its own body. So it is with the resurrection of the dead. What is sown is perishable, what is raised is imperishable. It is sown in dishonor, it is raised in glory. It is sown in weakness, it is raised in power. It is sown a physical body, it is raised a spiritual body. If there is a physical body, there is also a spiritual body. Thus it is written, “The first man, Adam, became a living being”; the last Adam became a life-giving spirit. But it is not the spiritual that is first, but the physical, and then the spiritual. The first man was from the earth, a man of dust; the second man is from heaven. As was the man of dust, so are those who are of the dust; and as is the man of heaven, so are those who are of heaven. Just as we have borne the image of the man of dust, we will also bear the image of the man of heaven. What I am saying, brothers and sisters, is this: flesh and blood cannot inherit the kingdom of God, nor does the perishable inherit the imperishable.

Leader The Word of the Lord.
People **Thanks be to God.**

Hymn 597

O day of peace

JERUSALEM

Introduction



1 O day of peace that dim - ly shines through all our
2 Then shall the wolf dwell with the lamb, nor shall the



hopes and prayers and dreams, guide us to jus - tice, truth, and
fierce de - vour the small; as beasts and cat - tle calm - ly



love, de - liv - ered from our self - ish schemes. May swords of
graze, a lit - tle child shall lead them all. Then en - e -



hate fall from our hands, our hearts from en - vy find re -
mies shall learn to love, all crea - tures find their true ac -



lease, till by God's grace our war - ring world shall see Christ's
cord; the hope of peace shall be ful - filled, for all the



1 Interlude

prom - ised reign of peace.
earth shall know the (Lord.)



Final Ending

Lord.

Words: Carl P. Daw, Jr. (b. 1944) Copyright ©1982, Carl P. Daw, Jr. Music: Jerusalem, Charles Hubert Hastings Parry (1848-1918); arr. Janet Wyatt (b. 1934) Copyright ©1977, Roberton Publications. All rights reserved. Used with permission.

The Holy Gospel

[Luke 6: 27 - 38]

All Stand

Deacon The Holy Gospel of our Lord Jesus Christ according to Luke.

People **Glory to you, Lord Christ.**

Jesus said, "But I say to you that listen, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. Do to others as you would have them do to you. If you love those who love you, what credit is that to you? For even sinners love those who love them. If you do good to those who do good to you, what credit is that to you? For even sinners do the same. If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful. Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive, and you will be forgiven; give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back."

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

THE HOMILY

The Rev. Jean Davis

After the Homily, a period of silent reflection is kept.

THE NICENE CREED, *standing*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

All stand or kneel for prayer.

Deacon

Sisters and brothers, do to others as you would have them do to you. Let us pray for others, saying, "We have come before you, O God; *and here will we wait for you.*"

Intercessor: Lord our God, bless your Church. We pray For Michael, our Presiding Bishop; Betsey, our bishop, and for all clergy and people. In our diocese, companion dioceses, and the Anglican Communion we pray for St Paul Indian Mission, Sioux City, St Thomas, Sioux City, All Saints, Storm Lake; Holy Trinity, Monifieth, Brechin; Rangu Arch-deaconary, Nzara; Piggs Peak Parish, Swaziland; and The Episcopal Church in Jerusalem & The Middle East.

Silence

Intercessor: We have come before you, O God;

People: And here will we wait for you.

Intercessor Merciful God, help us to love our enemies, to do good to those who hate us. It is a hard thing for us. Make us merciful, just as you are merciful.

Silence

Intercessor: We have come before you, O God;

People: And here will we wait for you.

Intercessor: Holy God, make your justice shine like the noonday sun. Vindicate the meek; save the righteous; rescue those who find their refuge in you.

Silence

Intercessor: We have come before you, O God;

People: And here will we wait for you.

Intercessor We pray, Creator God, for those who experience the pangs of hunger. We cry to you for those dying of starvation. Bless them with provision. Give us a new appreciation for the abundance in our lives.

Silence

Intercessor: We have come before you, O God;

People: And here will we wait for you.

Intercessor Heal families. Heal our families. Heal the families in our community. Mend our divisions. Make us ministers of reconciliation.

Silence

Intercessor: We have come before you, O God;

People: And here will we wait for you.

Intercessor Heal these bodies, O god, that you have made from the dust of the earth. Deliver us, and those for whom we now pray, from our infirmities.

The congregation may add their own petitions either aloud or silently.

Silence

Intercessor: We have come before you, O God;

People: And here will we wait for you.

Intercessor Raise in power those who have died in weakness, mighty Redeemer. Raise to imperishability those who have died in the flesh. Raise those whose bodies have returned to the dust to greater and eternal glory.

Silence

Intercessor: We have come before you, O God;

People: And here will we wait for you.

The Celebrant adds a concluding Collect.

Hasten, O Father, the coming of your kingdom; and grant that we your servants, who now live by faith, may with joy behold your Son at his coming in glorious majesty; even Jesus Christ, our only Mediator and Advocate.

Amen.

THE CONFESSION AND ABSOLUTION

BCP p. 360

Deacon: Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Celebrant The peace of the Lord be always with you.

People And also with you.

Then the Ministers and People greet one another in the name of the Lord.

ANNOUNCEMENTS

On-line Giving Options: Visit cathedralchurchofstpaul.org and click "Donate Now" or you can scan now. *Thank you!*



The Holy Communion

Offertory Anthem

Prayer of St. Francis

Alan Pote

THE GREAT THANKSGIVING

Eucharistic Prayer C

BCP p. 369

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Then, facing the Holy Table, the Celebrant proceeds

Celebrant God of all power, Ruler of the Universe, you are worthy of glory and praise.

People **Glory to you for ever and ever.**

Celebrant At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

People **By your will they were created and have their being.**

Celebrant From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

People **Have mercy, Lord, for we are sinners in your sight.**

Celebrant Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

People **By his blood, he reconciled us. By his wounds, we are healed.**

Celebrant And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Celebrant and People

Sanctus

S125

In unison



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,



heaven and earth are full of your glo - ry. Ho -



san - na in the high - est. Ho - san - na in the high - est.



Blessed is he who comes in the name of the Lord. Ho -



san - na in the high - est. Ho - san - na in the high - est.

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

Celebrant On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

People We celebrate his death and resurrection, as we await the day of his coming.

Celebrant Lord God of our Fathers and Mothers; God of Abraham and Sarah, Isaac and Rebekah, Jacob, Rachel, and Leah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

People Risen Lord, be known to us in the breaking of the Bread.

Celebrant Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

The Celebrant continues

As our Savior Christ has taught us, we now pray

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread

Celebrant: Christ our Passover is sacrificed for us.

People; Therefore let us keep the feast.

Fraction Anthem

S161

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

Celebrant: The gifts of God for the People of God.

All baptized persons are welcome to receive Holy Communion. Please remain in place and communion will be brought to you by a minister. You are welcome to receive a blessing, indicated by crossing your arms over your chest.

Hymn 576

God is Love

MANDATUM

Descant (after stanzas 2 and 3)

God is love, God is love,

Refrain

God is love, and where true love is

1-3

Final Ending

God him - self is there. there. _____

God him - self is there. there. _____

1 Here in Christ we gath - er, love of Christ our call - ing.
 2 When we Chris - tians gath - er, mem - bers of one Bo - dy,
 3 Grant us love's ful - fill - ment, joy with all the bless - ed,

Christ, our love, is with us, glad - ness be his greet - ing.
 let there be in us no dis - cord but one spi - rit.
 when we see your face, O Sa - vior, in its glo - ry.

Let us fear and love him, ho - ly God e - ter - nal.
 Ban - ished now be an - ger, strife and ev - ery quar - rel.
 Shine on us, O pur - est Light of all cre - a - tion,

Repeat Refrain

Lov - ing him, let each love Christ in one an - oth - er.
 Christ, our God, be al - ways pres - ent here a - mong us.
 be our bliss while end - less a - ges sing your prais - es.

Words: Latin; tr. James Quinn (b. 1919), alt., Copyright ©1969, James Quinn, SJ, printed by permission of Geoffrey Chapman, a division of Cassell Ltd.
 Music: *Mandatum*, Richard Proulx (b. 1937) Copyright ©1985, G.I.A. Publications, Inc. All rights reserved. Used with permission.

After the people receive Communion a period of silent reflection is kept. The Celebrant leads The Prayer for Spiritual Communion, for those worshipping online.

Prayer for Spiritual Communion (St. Alphonsus de Liguori, 1696-1787)

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. **Amen.**

POST COMMUNION PRAYER

BCP p. 365

After Communion, the Celebrant says

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Bishop when present, or the Priest, may bless the people

May Christ, the son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you always. **Amen.**

Hymn 542

Christ is the world's true Light

ST. JOAN

1 Christ is the world's true Light, its Cap-tain of sal - va - tion,
 2 In Christ all rac - es meet, their an-cient feuds for - get - ting,
 3 One Lord, in one great Name u - nite us all who own thee;

the Day - star clear and bright of ev - ery race and na - tion;
 the whole round world com - plete, from sun-rise to its set - ting;
 cast out our pride and shame that hin-der to en - throne thee;

new life, new hope a - wakes, for all who own his sway:
 when Christ is throned as Lord all shall for - sake their fear,
 the world has wait - ed long, has tra - vailed long in pain;

free - dom her bond - age breaks, and night is turned to day.
 to plough-share beat the sword, to prun - ing - hook the spear.
 to heal its an - cient wrong, come, Prince of Peace, and reign.

Words: George Wallace Briggs (1875-1959), alt. Copyright © by permission Oxford University Press. Music: *St. Joan*, Percy E. B. Coller (b. 1895)
 Copyright © The Church Pension Fund. All rights reserved. Used with permission.

DISMISSAL

The Deacon dismisses the people.

People Thanks be to God.

Organ Voluntary *Lord, Keep Us in Your Steadfast Word*

Krapf

Announcements for February 20, 2022

Today at St. Paul's

- **St. Paul's Cathedral Arts 20 Choral Evensong at 4pm**

Celebrating Black History Month

Music will feature African American composers

In person and livestreamed

<https://www.youtube.com/channel/UCoF2tfZQCrUtErRhiEOjREw>

St. Paul's annual meeting will take place in the sanctuary next Sunday following the 10:00 am service. St. Paul's clergy, staff and lay leaders want to hear your thoughts and views as we present updates on Worship, Formation, Parish Life, Stewardship, Communications and Outreach. Featuring updates on: St. Paul's 1885 Building Revitalization Project, staff changes, and the work of the 2022 Vision Task Force.

Carillon concerts will continue on Sunday mornings at 9:00 am provided that the temperature is above 10 degrees Fahrenheit.

St. Paul's Sr. Men's Study Group meets Wednesdays at 10:00 am, in the Guild Hall. For more information, please contact John McKinney: j123mck@aol.com or the cathedral Office administrator@cathedralchurchofstpaul.org

A Message from Deacons John and Jean

Episcopal Migration Ministries (EMM) has just announced a new way to welcome and assist refugees from Afghanistan who are being settled in the Des Moines area. The program is called "Sponsor Circles" and it is designed to allow individuals to team up to help settle and support the newly arriving Afghans. This team of five individuals, once formed, will receive training, support and resources from EMM. Each team makes a commitment to work with an Afghan family or group of individuals for up to 90 days. The Sponsorship Circle will develop a plan of assistance tailored to the group's needs. The components of such a plan will include: locating and furnishing permanent housing; the provision of limited financial support as the group gets settled; assistance in transportation; and assistance in accessing job training and English language training.



We hope you will consider pledging to our Stewardship campaign. If you need a pledge card, they are available in the Narthex. If you received a pledge card in the mail, please be sure to mail it to the Cathedral. You can also place it in the plate. Thank you!



Mission Statement: The Cathedral Church of St. Paul, the Cathedral and liturgical center of the Episcopal Diocese of Iowa, is a vital metropolitan Christian community. We are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond our parish church.