



ST. PAUL'S
EPISCOPAL CATHEDRAL

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297
www.stpaulsdm.org

The Fifth Sunday after the Epiphany
Choral Eucharist

Sunday, February 4, 2024

Ten o'clock in the morning

Voluntary Variations on *Songs of Thankfulness and Praise* Johan Pachelbel

Hymn 135 *Songs of thankfulness and praise* SALZBURG

OPENING ACCLAMATION BCP p. 355

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

The Celebrant prays the Collect for Purity and the people respond Amen.

The Gloria (*in the front section of the Hymnal*) S 280

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

THE COLLECT OF THE DAY

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

THE LESSONS, the People sit

A Reading from the Book of Isaiah

[40: 21 – 31]

THE LORD'S PRAYER

BCP p. 364

THE BREAKING OF THE BREAD

BCP p. 364

Fraction Anthem *(in the front section of the Hymnal)*

S161

All who seek a deeper life in Christ are welcome to receive Holy Communion by moving forward to the altar rail or by remaining in your place and indicating to an usher that you would like to receive. Wine is offered by sipping from the chalice or by dipping your host wafer into the intinction bowl. Alternatively, you are welcome to receive a blessing, indicated by crossing your arms over your chest. If you are not yet baptized and feel drawn to receive Holy Communion, please speak with a priest after the service about baptism.

After the people receive Communion a period of silent reflection is kept

Anthem

Thy Holy Wings

Michael McCabe

After the people receive Communion a period of silent reflection is kept

POST COMMUNION PRAYER

BCP p. 365

THE BLESSING

Hymn 119

As with gladness men of old

DIX

DISMISSAL

Voluntary

Toccata on As With Gladness Men of Old arr. Mark Babcock

Announcements for February 4, 2024

Today at St. Paul's

- St. Paul's Epiphany weekly series on prayer practices and meditations in the light of God's love continues this week on Sunday at 11:30 am in the Godly Play room. The topic for February 4 is *Healing* and will be led by Nanette Johnson. The series will include suggested daily activities for thank you, welcome, listening, healing, guidance, joy, and observing God at work today. All are welcome!

Volunteer opportunities for "Make and Deliver Connection Cafe Lunches on February 11 and 12, 2024." are now open. Please click on the following web link (or copy it into your web browser if clicking doesn't work) to go to the signup sheet:

volunteersignup.org/A3YKQ. To sign up, just follow the instructions on the page. It only takes a few seconds to do. Thank you for volunteering!

The congregation is invited to join Henry Allard and his family on Saturday, February 10 at St. Paul's at 6 PM for his Eagle Scout Court of Honor ceremony. BBQ sandwiches and dessert will be served in the Guild Hall following the ceremony. Please join us in celebrating this accomplishment.

Prepare Yourself for the Bishop's Spring 2024 Visits on Pentecost Sunday, May 19. Beginning in January/February we will "walk through the liturgical year, the sacraments of the church, habits of daily prayer, and the teachings of Anglican Christianity. See how our prayer shapes our belief and our lives and how our beliefs lead us into a deeper relationship with Jesus Christ." There will be opportunity to receive the sacrament of Holy Baptism, to be Received, or to be Confirmed in the Episcopal Church on the dates mentioned. Please contact Amma Nicola (dean@stpaulsdm.org) if you would like to join the group.

St. Paul's Cathedral Arts: Sunday, February 18

3:30 pm organ recital (Cathedral Organist Emeritus Canon David Raymond)
with Choral Evensong led by the Howells Scholars at 4:00 pm

Today's Ministers

Eight o'clock Eucharist:

Presider – The Rev. Michael Monnot

Homilist – The Rev. Michael Monnot

Deacon – The Rev. Jean Davis

Crucifer – Phyllis Melton

1st lesson and Psalm – Sharon Gentsch

2nd lesson – Phyllis Melton

Intercessor – TBD

Eucharistic Ministers – Sharon Gentsch

Organist/Choirmaster Canon Mark

Babcock

Audio – TBD

Ten o'clock Eucharist:

Presider – The Rev. Michael Monnot

Homilist – The Rev. Michael Monnot

Deacon – The Rev. Jean Davis

Crucifer – Jolene Phelps

Torch-bearers – TBD, TBD

1st lesson – Anna Whipple

Cantor – Lexie Thiessen

2nd lesson – Peggy Aerisolphal

Intercessor – Ro Ruth-Bany

Eucharistic Ministers – TBD, TBD, TBD

Audio – Ellen Cleveland

Video – Nathan Thiessen

Ushers – Samuel Hutchisson, TBD

Organist/Choirmaster Canon Mark Babcock

Members of St. Paul's Cathedral Choir

Chapter Counters – TBD, TBD, (alt. TBD)

Coffee Hour Hosts – Mark Thompsen, Ro

Ruth-Bany



Mission Statement: St. Paul's Episcopal Cathedral is a welcoming, worshipping community committed to living Christ's unconditional love through fellowship, service, and kindness. **Vision Statement:** Grounded in Worship. Deepening in Faith. Reaching Out in Love.