

815 High Street  $\Phi$  Des Moines, IA 50309  $\Phi$  515-288-7297 cathedralchurchofstpaul.org

# The Third Sunday after the Epiphany Choral Eucharist

## Sunday, January 23, 2022

## Ten o'clock in the morning

Current CDC guidance advises everyone in Polk County to wear a mask in indoor public places. Thank you for wearing your facemask when inside at St. Paul's.

**Organ Voluntary** 

*In Thee There Is Gladness* 

J. S. Bach

The Word of God

**Hymn 616** Hail to the Lord's Announted **ES FLOG EIN KLEINS** WALDVÖGELEIN the Lord's A - noint - ed, great Da - vid's great - er Son! suc - cor speed those who suf - fer y to wrong, shall come down like show ers up - on the fruit - ful earth, 4 Kings down be - fore him, and gold and in - cense bring; O'er vic - to his throne shall rious, he onrest; 1 Hail, the time ap - point ed, his reign on earth be help the and bid the weak be strong; poor and y, and in his path to birth: love, joy, hope, like flow ers, spring na - tions shall dore him, his praise all peo - ple sing; 5 from rious, all bless - ing and all blest: age age more glo



Words: James Montgomery (1771-1854); para. of Psalm 72

Music: Es flog ein kliens Waldvögelein, German folk song; adapt. and harm. A Student's Hymnal, 1923, after Henry Walford Davies (1869-1941)

## THE GREETING

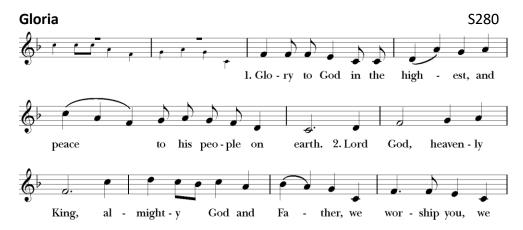
Celebrant

**People** 

Blessed be God: Father, Son, and Holy Spirit.

And blessed be God's kingdom, now and for ever.

Amen.





## THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.** 

THE LESSONS, the People sit

## A Reading from the Book of Nehemiah

[8: 1-3, 5-6, 8-10]

All the people gathered together into the square before the Water Gate. They told the scribe Ezra to bring the book of the law of Moses, which the LORD had given to Israel. Accordingly, the priest Ezra brought the law before the assembly, both men and women and all who could hear with understanding. This was on the first day of the seventh month. He read from it facing the square before the Water Gate from early morning until midday, in the presence of the men and the women and those who could understand; and the ears of all the people were attentive to the book of the law. And Ezra opened the book in the sight of all the people, for he was standing above all the people; and when he opened it, all the people stood up. Then Ezra blessed the LORD, the great God, and all the people answered, "Amen, Amen," lifting up their hands. Then they bowed their heads and worshiped the LORD with their faces to the ground. So they read from the book, from the law of God, with interpretation. They gave the sense, so that the people understood the reading. And Nehemi'ah, who was the governor, and Ezra the priest and scribe, and the Le'vites who taught the people said to all the people, "This day is holy to the LORD your God; do not mourn or weep." For all the people wept when they heard the words of the law. Then he said to them, "Go your way, eat the

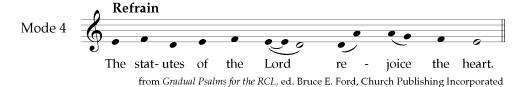
fat and drink sweet wine and send portions of them to those for whom nothing is prepared, for this day is holy to our LORD; and do not be grieved, for the joy of the LORD is your strength."

Leader The Word of the Lord.

People Thanks be to God.

**Psalm 19** *Cæli enarrant* BCP p. 606

The Cantor sings the refrain initially and the People join when invited



- 1 The heavens declare the glory of God, \* and the firmament shows his handiwork.
- One day tells its tale to another, \* and one night imparts knowledge to another.
- 3 Although they have no words or language, \* and their voices are not heard,
- Their sound has gone out into all lands, \* and their message to the ends of the world.
- In the deep has he set a pavilion for the sun; \*

  it comes forth like a bridegroom out of his chamber;

  it rejoices like a champion to run its course.
- It goes forth from the uttermost edge of the heavens and runs about to the end of it again; \*
  nothing is hidden from its burning heat.
- 7 The law of the LORD is perfect and revives the soul; \* the testimony of the Lord is sure and gives wisdom to the innocent.

- 8 The statutes of the LORD are just and rejoice the heart; \* the commandment of the Lord is clear and gives light to the eyes.
- 9 The fear of the LORD is clean and endures for ever; \* the judgments of the Lord are true and righteous altogether.
- 10 More to be desired are they than gold, more than much fine gold, \* sweeter far than honey, than honey in the comb.
- By them also is your servant enlightened, \* and in keeping them there is great reward.
- Who can tell how often he offends? \* cleanse me from my secret faults.
- Above all, keep your servant from presumptuous sins; let them not get dominion over me; \*
  then shall I be whole and sound,
  and innocent of a great offense.
- Let the words of my mouth and the meditation of my heart be acceptable in your sight, \*
   O LORD, my strength and my redeemer.

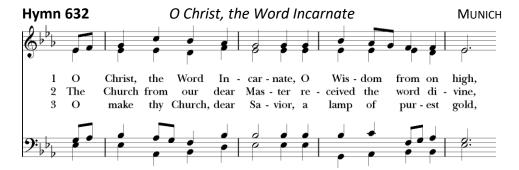
# A Reading from the First Letter of Paul to the Corinthians [12: 12 – 31a]

Just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and we were all made to drink of one Spirit. Indeed, the body does not consist of one member but of many. If the foot would say, "Because I am not a hand, I do not belong to the body," that would not make it any less a part of the body. And if the ear would say, "Because I am not an eye, I do not belong to the body," that would not make it any less a part of the body. If the whole body were an eye, where would the hearing be? If the whole body were hearing, where would the sense of smell be? But as it is, God arranged the members in the body, each one of them, as

he chose. If all were a single member, where would the body be? As it is, there are many members, yet one body. The eye cannot say to the hand, "I have no need of you," nor again the head to the feet, "I have no need of you." On the contrary, the members of the body that seem to be weaker are indispensable, and those members of the body that we think less honorable we clothe with greater honor, and our less respectable members are treated with greater respect; whereas our more respectable members do not need this. But God has so arranged the body, giving the greater honor to the inferior member, that there may be no dissension within the body, but the members may have the same care for one another. If one member suffers, all suffer together with it; if one member is honored, all rejoice together with it. Now you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers; then deeds of power, then gifts of healing, forms of assistance, forms of leadership, various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak in tongues? Do all interpret? But strive for the greater gifts.

Leader The Word of the Lord.

People Thanks be to God.





Words: William Walsham How (1823-1897), alt. Music: Munich, melody from Neu-vermehrtes und zu Übung Christl, Gottseligkeit eingerichtetes Meiningisches Gesangbuch, 1693; adapt. and harm. Felix Mendelssohn (1809-1847)

# The Holy Gospel

[Luke 4: 14 - 21]

All Stand

Deacon

The Holy Gospel of our Lord Jesus Christ according to Luke.

Glory to you, Lord Christ. People

Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. He began to teach in their synagogues and was praised by everyone. When he came to Nazareth, where he had been brought up, he went to the synagogue on the sabbath day, as was his custom. He stood up to read, and the scroll of the prophet Isai'ah was given to him. He unrolled the scroll and

found the place where it was written: "The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favor." And he rolled up the scroll, gave it back to the attendant, and sat down. The eyes of all in the synagogue were fixed on him. Then he began to say to them, "Today this scripture has been fulfilled in your hearing."

Deacon The Gospel of the Lord.

People Praise to you, Lord Christ.

**THE HOMILY** The Rev. Jean Davis After the Homily, a period of silent reflection is kept.

THE NICENE CREED, standing

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

BCP page 383

Prayers adapted from an original form written by Deacon Ormonde Plater.

All stand or kneel for prayer. The Leader and People pray responsively

Presider or deacon

Baptized into one body, let us earnestly call on God for the needs, concerns, and hopes of the world.

Deacon or other leader

For the church of Jesus Christ in every place.

Lord, have mercy.

For Michael our Presiding Bishop, Betsey our Bishop, for priest and deacons, and all who minister in Christ. In our diocese, companion dioceses, and the Anglican Communion we pray for Grace, Decorah; St James, Independence; St Andrew, Chariton; St James, Oskaloosa; St. Drostan Church and Lodge, Tarfsidein Brechin; Nakafo Deanary, Nzara; Uniswa Chapelry, Swaziland; and The Diocese of Kaduna – The Church of Nigeria (Anglican Communion).

Lord, have mercy.

For this holy gathering and for all the body of Christ.

Lord, have mercy.

For this country, for all nations and their leaders, and for those who guard the peace.

Lord, have mercy.

For all those in danger and need: the sick and the suffering, prisoners, refugees, and their families, the hungry, homeless, and oppressed.

Lord, have mercy.

For the dying and the dead.

Lord, have mercy.

For ourselves, our families, and those we love. We pray for those preparing for the birth of a child: Catherine & Brad Krueger,

Lord, have mercy.

Remembering the blessed Virgin Mary, St. Paul and all the saints, let us offer ourselves and one another to the living God through Christ.

## To you, O Lord.

### Presider

God of all peoples, hear the prayers of your faithful and send your Spirit with us as we proclaim good news to the poor; through Jesus Christ our Lord. **Amen.** 

### THE CONFESSION AND ABSOLUTION

BCP p. 360

Deacon: Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways to the glory of your Name. Amen.

## The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

### THE PEACE

Celebrant The peace of the Lord be always with you.

People And also with you.

Then the Ministers and People greet one another in the name of the Lord.

#### ANNOUNCEMENTS

# On-line Giving Options: Visit cathedralchurchofstpaul.org and click "Donate Now" or you can scan now. Thank you!



# **The Holy Communion**

Laszlo Halmos Offertory Anthem Jubilate Deo

THE GREAT THANKSGIVING

**Eucharistic Praver C** BCP p. 369

Celebrant The Lord be with you. People And also with you. Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God. People It is right to give God thanks and praise.

Then, facing the Holy Table, the Celebrant proceeds

Celebrant God of all power, Ruler of the Universe, you are worthy of

glory and praise.

Glory to you for ever and ever. People

Celebrant At your command all things came to be: the vast expanse of

interstellar space, galaxies, suns, the planets in their courses,

and this fragile earth, our island home.

People By your will they were created and have their being.

Celebrant From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and

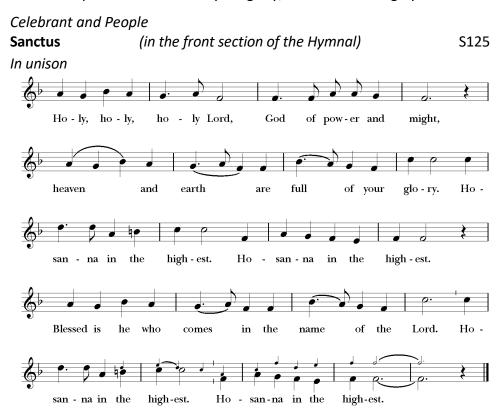
betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight. People

Celebrant Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

# People By his blood, he reconciled us. By his wounds, we are healed.

Celebrant And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:



## The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

## Celebrant

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

# People We celebrate his death and resurrection, as we await the day of his coming.

Celebrant Lord God of our Fathers and Mothers; God of Abraham and Sarah, Isaac and Rebekah, Jacob, Rachel, and Leah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

People Risen Lord, be known to us in the breaking of the Bread.

Celebrant Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.** 

## The Celebrant continues

As our Savior Christ has taught us, we now pray

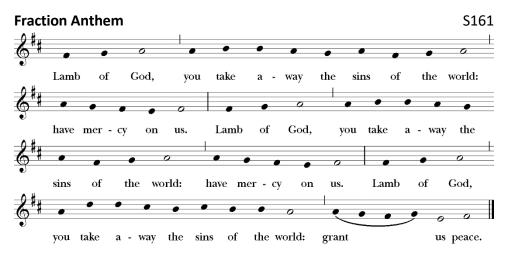
Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

## The Breaking of the Bread

The Celebrant breaks the consecrated Bread

Celebrant: Christ our Passover is sacrificed for us.

People; Therefore let us keep the feast.



Celebrant: The gifts of God for the People of God.

All baptized persons are welcome to receive Holy Communion by moving forward to the altar rail or by remaining in your place. In either case you are welcome to receive a blessing, indicated by crossing your arms over your chest.



Words: Latin; tr. James Quinn (b. 1919), alt., Copyright ©1969, James Quinn, SJ, printed by permission of Geoffrey Chapman, a division of Cassell Ltd. Music: Mandatum, Richard Proulx (b. 1937) Copyright ©1985, G.I.A. Publications, Inc. All rights reserved. Used with permission.

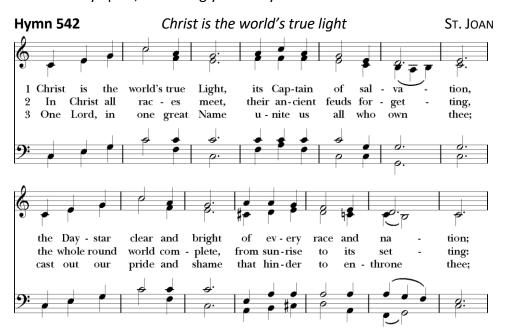
After the people receive Communion a period of silent reflection is kept

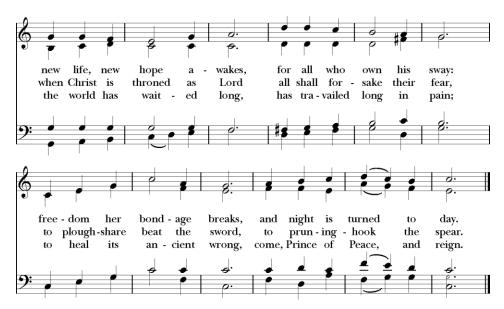
### **POST COMMUNION PRAYER**

After Communion, the Celebrant says Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Bishop when present, or the Priest, may bless the people May Christ, the son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you always. **Amen.** 





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### DISMISSAL

The Deacon dismisses the people.

People Thanks be to God.

**Organ Voluntary** 

*In Thee There Is Gladness* 

Michael Burkhardt

## Announcements for January 23, 2022

Today at St. Paul's

• There is no Coffee Hour today

The date for St. Paul's Annual Meeting has been changed to Sunday, February 27, 2022.

Carillon concerts will continue on Sunday mornings at 9:00 am provided that the temperature is above 10 degrees Fahrenheit.

The Social Justice Committee and the Care of Creation Committee will hold a joint meeting on January 30, 2022, immediately following the 10:00 service. We will discuss possible projects of interest to both Committees. All are welcome!

St Paul's offers Wednesday Eucharist at 12:05 pm every week in the Chapel.

St. Paul's Sr. Men's Study Group meets Wednesdays at 10:00 am, in the Guild Hall. For more information, please contact John McKinney: <u>j123mck@aol.com</u> or the cathedral Office <u>administrator@cathedralchurchofstpaul.org</u>



We hope you will consider pledging to our Stewardship campaign. If you need a pledge card, they are available in the Narthex. If you received a pledge card in the mail, please be sure to mail it to the Cathedral. You can also place it in the plate. Thank you!

#### Visitors

If you are visiting today, we extend to you a warm welcome! Please make yourself known to a greeter, usher, or one of the clergy. You may sit, kneel or stand throughout the service, following the guidance in this bulletin or as you prefer. The Episcopal church offers communion in two kinds, both consecrated bread and wine. While the coronavirus pandemic continues, bread alone is offered. We are so glad you are with us today.

St. Paul's audio system includes the T-coil Hearing Loop. If you have questions or need assistance, please speak with one of our Audio Coordinators.





Mission Statement: The Cathedral Church of St. Paul, the Cathedral and liturgical center of the Episcopal Diocese of Iowa, is a vital metropolitan Christian community. We are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond our parish church.