



In Memory and In Celebration of the Life of
Elsa 'Muffy' Wittmack Harmon

November 15th, 1941 - August 1st, 2021

Wednesday, November 24, 2021 at 4:00 p.m.
St. Paul's Episcopal Cathedral, Des Moines, Iowa
Bishop Alan Scarfe, Officiating

Burial of the Dead: Rite One with the Holy Eucharist

Liturgy of the Word

Entrance Rite

At the sound of the bell, all stand for the Entrance of the Ministers into the church.

The following is said, all standing

I am the resurrection and the life, saith the Lord;
he that believeth in me, though he were dead, yet shall he live;
and whosoever liveth and believeth in me shall never die.

I know that my Redeemer liveth,
and that he shall stand at the latter day upon the earth;
and though this body be destroyed, yet shall I see God;
whom I shall see for myself and mine eyes shall behold,
and not as a stranger.

For none of us liveth to himself,
and no man dieth to himself.
For if we live, we live unto the Lord.
and if we die, we die unto the Lord.
Whether we live, therefore, or die, we are the Lord's.

Blessed are the dead who die in the Lord;
even so saith the Spirit, for they rest from their labors.

Opening hymn (#208)

The Strife is O'er

(verses 1, 2, and 5)

Antiphon (at the beginning)

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

Ped. ↑

1 The strife is o'er, the bat - tle done, the vic - to -
 2 The powers of death have done their worst, but Christ their
 *3 The three sad days are quick - ly sped, he ris - es
 4 He closed the yawn - ing gates of hell, the bars from
 5 Lord! by the stripes which wound - ed thee, from death's dread

1 ry of life is won; the song of tri - umph
 2 le - gions hath dis - persed: let shout of ho - ly
 3 glo - rious from the dead: all glo - ry to our
 4 heaven's high por - tals fell; let hymns of praise his
 5 sting thy serv - ants free, that we may live and

1 has be - gun. Al - le - lu - ia!
 2 joy out - burst. Al - le - lu - ia!
 3 ris - en Head! Al - le - lu - ia!
 4 tri - umphs tell! Al - le - lu - ia!
 5 sing to thee. Al - le - lu - ia! [Ant.]

Celebrant The Lord be with you.
People And with thy spirit.
Celebrant Let us pray.

A Collect for Burial

At the Burial of an Adult

O God, whose mercies cannot be numbered: Accept our prayers on behalf of thy servant Muffy, and grant her an entrance into the land of light and joy, in the fellowship of thy saints; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

First Reading

Wisdom 3:1-5, 9

All sit.

A Reading from the Book of Wisdom.

But the souls of the righteous are in the hand of God,
and no torment will ever touch them.

In the eyes of the foolish they seemed to have died,
and their departure was thought to be a disaster,
and their going from us to be their destruction;
but they are at peace.

For though in the sight of others they were punished,
their hope is full of immortality.

Having been disciplined a little, they will receive great good,
because God tested them and found them worthy of himself;

Those who trust in him will understand truth,
and the faithful will abide with him in love,
because grace and mercy are upon his holy ones,
and he watches over his elect.

Reader The Word of the Lord.
People Thanks be to God.

Remain seated.

Psalm 139

Domine, probasti

- 1 LORD, you have searched me out and known me; *
you know my sitting down and my rising up;
you discern my thoughts from afar.
- 2 You trace my journeys and my resting-places *
and are acquainted with all my ways.
- 3 Indeed, there is not a word on my lips, *
but you, O LORD, know it altogether.
- 4 You press upon me behind and before *
and lay your hand upon me.
- 5 Such knowledge is too wonderful for me; *
it is so high that I cannot attain to it.
- 6 Where can I go then from your Spirit? *
where can I flee from your presence?
- 7 If I climb up to heaven, you are there; *
if I make the grave my bed, you are there also.
- 8 If I take the wings of the morning *
and dwell in the uttermost parts of the sea,
- 9 Even there your hand will lead me *
and your right hand hold me fast.
- 10 If I say, "Surely the darkness will cover me, *
and the light around me turn to night,"
- 11 Darkness is not dark to you;
the night is as bright as the day; *
darkness and light to you are both alike.

Second Reading

2 Corinthians 4:16-5:9

A Reading from the Second Letter of Paul to the Corinthians.

So we do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day. For this slight momentary affliction is preparing us for an eternal weight of glory beyond all measure, because we look not at what can be seen but at what cannot be seen; for what can be seen is temporary, but what cannot be seen is eternal.

For we know that if the earthly tent we live in is destroyed, we have a building from God, a house not made with hands, eternal in the heavens. For in this tent we groan, longing to be clothed with our heavenly dwelling— if indeed, when we have taken it off we will not be found naked. For while we are still in this tent, we groan under our burden, because we wish not to be unclothed but to be further clothed, so that what is mortal may be swallowed up by life. He who has prepared us for this very thing is God, who has given us the Spirit as a guarantee.

So we are always confident; even though we know that while we are at home in the body we are away from the Lord— for we walk by faith, not by sight. Yes, we do have confidence, and we would rather be away from the body and at home with the Lord. So whether we are at home or away, we make it our aim to please him.

Reader The Word of the Lord.
People Thanks be to God.

All Stand

Gradual hymn (#460)

Alleluia! Sing to Jesus

(verses 1 and 2)

1 Al - le - lu - ia! sing to Je - sus! his the
 *2 Al - le - lu - ia! not as or - phans are we
 3 Al - le - lu - ia! bread of Hea - ven, Thou on
 4 Al - le - lu - ia! King e - ter - nal, thee the
 *5 Al - le - lu - ia! sing to Je - sus! his the

1 scep - ter, his the throne; Al - le - lu - ia! his the
 2 left in sor - row now; Al - le - lu - ia! he is
 3 earth our food, our stay! Al - le - lu - ia! here the
 4 Lord of lords we own; Al - le - lu - ia! born of
 5 scep - ter, his the throne; Al - le - lu - ia! his the

1 tri - umph, his the vic - to - ry a - lone; Hark! the
 2 near us, faith be - lieves, nor ques - tions how: though the
 3 sin - ful flee to thee from day to day: In - ter -
 4 Ma - ry, earth thy foot - stool, heaven thy throne: thou with -
 5 tri - umph, his the vic - to - ry a - lone; Hark! the

1 songs of peace - ful Zi - on thun - der like a
 2 cloud from sight re - ceived him, when the for - ty
 3 ces - sor, friend of sin - ners, earth's Re - deem - er,
 4 in the veil hast en - tered, robed in flesh, our
 5 songs of ho - ly Zi - on thun - der like a

1 might - y flood; Je - sus out of ev - ery
 2 days were o'er, shall our hearts for - get his
 3 plead for me, where the songs of all the
 4 great High Priest: thou on earth both Priest and
 5 might - y flood; Je - sus out of ev - ery

1 na - tion hath re - deemed us by his blood.
 2 prom - ise, "I am with you ev - er - more?"
 3 sin - less sweep a - cross the crys - tal sea.
 4 Vic - tim in the eu - cha - ris - tic feast.
 5 na - tion hath re - deemed us by his blood.

Holy Gospel

Matthew 6:25-33

Deacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

People Glory be to thee, O Lord

“Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? Therefore do not worry, saying, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear?’ For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well.

Deacon The Gospel of the Lord.

People Praise be to thee, O Christ.

Sermon

Bishop Alan Scarfe

Be present, Spirit of God
within us, your dwelling place and home
that this house may be one where
all darkness is penetrated by your light,
all troubles calmed by your love,
all pain transformed in your suffering,
and all dying glorified in your risen life. Amen

New Zealand Prayer Book

Apostles' Creed

All stand and say in unison

I believe in God, the Father almighty,
maker of heaven and earth;
And in Jesus Christ his only Son our Lord;
who was conceived by the Holy Ghost,

born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, dead, and buried.
He descended into hell.
The third day he rose again from the dead.
He ascended into heaven,
and sitteth on the right hand of God the Father almighty.
From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Prayers of the People

The Deacon then says

In peace, let us pray to the Lord.

Almighty God, who hast knit together thine elect in one communion and fellowship, in the mystical body of thy Son Christ our Lord: Grant, we beseech thee, to thy whole Church in paradise and on earth, thy light and thy peace. *Amen.*

Grant that all who have been baptized into Christ's death and resurrection may die to sin and rise to newness of life, and that through the grave and gate of death we may pass with him to our joyful resurrection. *Amen.*

Grant to us who are still in our pilgrimage, and who walk as yet by faith, that thy Holy Spirit may lead us in holiness and righteousness all our days. *Amen.*

Grant to thy faithful people pardon and peace, that we may be cleansed from all our sins, and serve thee with a quiet mind. *Amen.*

Grant to all who mourn a sure confidence in thy fatherly care, that, casting all their grief on thee, they may know the consolation of thy love. *Amen.*

Give courage and faith to those who are bereaved, that they may have strength to meet the days ahead in the comfort of a reasonable and holy hope, in the joyful expectation of eternal life with those they love. *Amen.*

Grant us grace to entrust Muffy to thy never-failing love; receive her into the arms of thy mercy, and remember her according to the favor which thou bearest unto thy people. *Amen.*

Grant that, increasing in knowledge and love of thee, she may go from strength to strength in the life of perfect service in thy heavenly kingdom. *Amen.*

Grant us, with all who have died in the hope of the resurrection, to have our consummation and bliss in thy eternal and everlasting glory, and, with blessed Muffy and all thy saints, to receive the crown of life which thou dost promise to all who share in the victory of thy Son Jesus Christ; who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People And with thy spirit.

The Holy Communion

The Celebrant says

Offer to God a sacrifice of thanksgiving, and make good thy vows unto the Most High. *Psalm 50:14*

Offertory Hymn

Panis Angelicus

Cesar Franck

The Great Thanksgiving

The people remain standing.

Celebrant The Lord be with you.

People And with thy spirit.

Celebrant Lift up your hearts.

People We lift them up unto the Lord.

Celebrant Let us give thanks unto our Lord God.

People It is meet and right so to do.

The Celebrant proceeds

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Through Jesus Christ our Lord; who rose victorious from the dead, and doth comfort us with the blessed hope of everlasting life; for to thy faithful people, O Lord, life is changed, not ended; and when our mortal body doth lie in death, there is prepared for us a dwelling place eternal in the heavens.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Sanctus

S-124

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

The people stand or kneel.

The Celebrant continues

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament,

which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me.”

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ’s holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord; By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. *AMEN.*

The Celebrant then continues

And now, as our Savior Christ hath taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom, and the power, and the glory,
 for ever and ever. Amen.

Breaking of the Bread

A period of silence is kept.

Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

Agnus Dei

S-161

Lamb of God, you take a - way the sins of the world:
 have mer - cy on us. Lamb of God, you take a - way the
 sins of the world: have mer - cy on us. Lamb of God,
 you take a - way the sins of the world: grant us peace.

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. *Amen.*

The Celebrant says

The Gifts of God for the People of God.

All baptized persons are welcome to receive Holy Communion by approaching the altar rail, at the side altar, or by remaining in place where communion will be brought to you.

Communion Hymns

(#554)

Tis the Gift to Be Simple

The image shows a musical score for the hymn 'Tis the Gift to Be Simple'. It consists of seven staves of music in G major (one sharp) and 4/4 time. The lyrics are written below the notes. The melody is simple and repetitive, with a clear structure. The lyrics are: 'Tis the gift to be simple, 'tis the gift to be free, 'tis the gift to come down where we ought to be, and when we find our - selves in the place just right, 'twill be in the val - ley of love and de - light. When true sim - pli - ci - ty is gained to bow and to bend we shan't be a-shamed, to turn, turn, will be our de-light till by turn - ing, turn - ing we come round right.

'Tis the gift to be simple, 'tis the gift to be free,
'tis the gift to come down where we ought to be,
and when we find our - selves in the place just right,
'twill be in the val - ley of love and de - light.
When true sim - pli - ci - ty is gained to
bow and to bend we shan't be a-shamed, to turn, turn, will
be our de-light till by turn - ing, turn - ing we come round right.

(#671)

Amazing Grace

1 A - maz - ing grace! how sweet the sound, that
2 'Twas grace that taught my heart to fear, and
3 The Lord has prom - ised good to me, his
4 Through man - y dan - gers, toils, and snares, I
*5 When we've been there ten thou - sand years, bright

1 saved a wretch like me! I once was lost but
2 grace my fears re - lieved; how pre - cious did that
3 word my hope se - cures; he will my shield and
4 have al - rea - dy come; 'tis grace that brought me
5 shin - ing as the sun, we've no less days to

1 now am found, was blind but now I see.
2 grace ap - pear the hour I first be - lieved!
3 por - tion be as long as life en - dures.
4 safe thus far, and grace will lead me home.
5 sing God's praise than when we'd first be - gun.

The melody may be sung in canon at distances of either two or three beats.

After Communion, the Celebrant says
Let us pray.

Celebrant and People

Almighty God, we thank thee that in thy great love you have fed us with the spiritual food and drink of the Body and Blood of your Son Jesus Christ, and have

given us a foretaste of thy heavenly banquet. Grant that this Sacrament may be to us a comfort in affliction, and a pledge of our inheritance in that kingdom where there is no death, neither sorrow nor crying, but the fullness of joy with all thy saints; through Jesus Christ our Savior. *Amen.*

Commendation

The Celebrant and other ministers take their places at the body.

Celebrant Give rest, O Christ, to thy servant with thy saints,
People where sorrow and pain are no more,
neither sighing, but life everlasting.

Celebrant Thou only art immortal, the creator and maker of mankind; and we are mortal, formed of the earth, and unto earth shall we return. For so thou didst ordain when thou createdst me, saying, "Dust thou art, and unto dust shalt thou return." All we go down to the dust; yet even at the grave we make our song: Alleluia, alleluia, alleluia.

People Give rest, O Christ, to thy servant with thy saints,
where sorrow and pain are no more,
neither sighing, but life everlasting.

The Celebrant then says

Into thy hands, O merciful Savior, we commend thy servant Muffy. Acknowledge, we humbly beseech thee, a sheep of thine own fold, a lamb of thine own flock, a sinner of thine own redeeming. Receive her into the arms of thy mercy, into the blessed rest of everlasting peace, and into the glorious company of the saints in light. *Amen.*

The Prayer of St. Francis

Lord, make me an instrument of your peace
Where there is hatred, let me sow love
Where there is an injury, pardon
Where there is doubt, faith
Where there is despair, hope
Where there is darkness, light
And where there is sadness, joy

O Divine Master, grant that I may
Not so much seek to be consoled as to console
To be understood, as to understand
To be loved, as to love

For it is in giving that we receive
 And it's in pardoning that we are pardoned
 And it is in dying that we are born to Eternal Life
 Amen.

Blessing

The Bishop blesses the people, saying
 The blessing of God Almighty, the Father, the Son, and the
 Holy Spirit, be upon you and remain with you for ever. *Amen.*

The Deacon says
 Let us go forth in the name of Christ.
Thanks be to God.

*During the closing hymn the ministers bear the cremains to the chapel,
 accompanied by Muffy's family, for the Committal. The congregation remains in
 place until the conclusion of the hymn and announcements.*

Closing hymn (#287) For All the Saints (verses 1, 2, 5 and 8)



1 For all the saints, who from their la - bors rest, who
 2 Thou wast their rock, their for - tress, and their might:—
 3 O may thy sol - diers, faith - ful, true, and bold, —
 4 O blest com - mun - ion, fel - low - ship di - vine! —



thee — by faith be - fore the world con - fessed, thy
 thou, Lord, their Cap - tain in the well - fought fight; —
 fight as the saints who no - bly fought of old, and
 We feeb - ly strug - gle, they in glo - ry shine; yet



Name, O — Je - sus, be for ev - er blessed.
 thou, in the dark - ness drear, the one true Light.
 win, with — them, the vic - tor's crown of gold.
 all are — one in thee, for all are thine.



Al - le - lu - ia, al - le - lu - ia!

*5 And when the strife is fierce, the war-fare long, steals on the ear the
 *6 The gold-en eve-ning bright-ens in the west; soon, soon to faith-ful

dis-tant tri-umph song, and hearts are— brave a-gain, and arms are
 war-riors com-eth rest;— sweet is the calm of par-a-dise the

strong. Al - le - lu - ia, al - le - lu - ia!
 blest.

*7 But lo! there breaks a yet more glo-rious day; the
 *8 From earth's wide bounds, from o-cean's far-thest coast, through

saints tri-umph-ant rise in bright ar-ray; the
 gates of pearl streams in the count-less host—

King of— glo-ry pass-es on his way.
 sing-ing to Fa-ther, Son, and Ho-ly Ghost,

Al - le - lu - ia, al - le - lu - ia!

The cremains are processed from the Church.

Announcements are made by the Celebrant.

***A reception will be offered following the Committal at
the Wakonda Club, 3915 Fleur Drive Des Moines, Iowa***

Participants in Today's Liturgy

Clergy: The Rt. Rev. Alan Scarfe, Bishop of Iowa

The Rev. Canon Nicola Bowler, Provost

Deacon of the Table: The Rev. Jean Davis

Deacon for Dismissal, lead confession, prayer: The Rev. Jeanie Smith

1st Lesson: Ms. Barbara Hein

Psalm: Henry Allard and Peter Roesch

2nd Lesson: Mr. C. Arthur Wittmack

Gospeler: The Rev. John Doherty

Organist: Mr. Mark Babcock

Soloist: Ms. Kirsten Buniak

Choir: Members of the Cathedral Choir

Flowers, In memory and celebration, and also for comfort: Ms. Babette Brenton

Sound Board: Mr. Chuck Seel

Videographer: Mr. Nate Thiessen

Committal

The Celebrant and People say together

In the midst of life we are in death;
of whom may we seek for succor,
but of thee, O Lord,
who for our sins art justly displeased?
Yet, O Lord God most holy, O Lord most mighty,
O holy and most merciful Savior,
deliver us not into the bitter pains of eternal death.
Thou knowest, Lord, the secrets of our hearts;
shut not thy merciful ears to our prayer;
but spare us, Lord most holy, O God most mighty,
O holy and merciful Savior,
thou most worthy Judge eternal.
Suffer us not, at our last hour,
through any pains of death, to fall from thee.

Then, the Celebrant says these words

In sure and certain hope of the resurrection to eternal life through our Lord Jesus Christ, we commend to Almighty God our sister Muffy; and we commit her body to its resting place; earth to earth, ashes to ashes, dust to dust. The Lord bless her and keep her, the Lord make his face to shine upon her and be gracious unto her, the Lord lift up his countenance upon her and give her peace. *Amen.*

The Celebrant says

The Lord be with you.

People And with thy spirit.

Celebrant Let us pray.

Lord's Prayer

Celebrant and People

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

The Celebrant then says

O Almighty God, the God of the spirits of all flesh, who by a voice from heaven didst proclaim, Blessed are the dead who die in the Lord: Multiply, we beseech thee, to those who rest in Jesus the manifold blessings of thy love, that the good work which thou didst begin in them may be made perfect unto the day of Jesus Christ. And of thy mercy, O heavenly Father, grant that we, who now serve thee on earth, may at last, together with them, be partakers of the inheritance of the saints in light; for the sake of thy Son Jesus Christ our Lord. *Amen.*

O God, whose days are without end, and whose mercies cannot be numbered: Make us, we beseech thee, deeply sensible of the shortness and uncertainty of life; and let thy Holy Spirit lead us in holiness and righteousness all our days; that, when we shall have served thee in our generation, we may be gathered unto our fathers, having the testimony of a good conscience; in the communion of the catholic Church; in the confidence of a certain faith; in the comfort of a reasonable, religious, and holy hope; in favor with thee our God; and in perfect charity with the world. All which we ask through Jesus Christ our Lord. *Amen.*

The Celebrant then says

Rest eternal grant to her, O Lord:
And let light perpetual shine upon her.
May her soul, and the souls of all the departed,
through the mercy of God, rest in peace. *Amen.*

The Celebrant dismisses the people with these words

The God of peace, who brought again from the dead our Lord Jesus Christ, the great Shepherd of the sheep, through the blood of the everlasting covenant: Make you perfect in every good work to do his will, working in you that which is well pleasing in his sight; through Jesus Christ, to whom be glory for ever and ever.
Amen.

Elsa "Muffy" Ellen Wittmack Harmon

Muffy was born November 15th, 1941 at Iowa Methodist Hospital in Des Moines. She died on August 1st, 2021 at UnityPointe Hospice - Taylor House in Des Moines. She is survived by her husband, Henry, daughters Liesl (George) Roesch with grandsons Peter and Lawson and Abigail Allard with grandchildren Henry, Madeline and Elise. She is also survived by her brother, Arthur Wittmack (Susan), nephew Charles Wittmack (Colleen) and niece Ellen Donnelly (Erling) as well as many 1st and 2nd cousins. She was preceded in death by her parents, Elsa and Charles Wittmack as well as grandparents Arthur and Elsa Neumann and Ellen and Charles Wittmack.

Outside of the family, Muffy's considerable and charitable efforts were directed toward her community and the care of creation. She was involved in the formation of Hospice of Central Iowa for which she led the drive for Medicare certification, presided over the Board and held the hands of many grieving patients. Muffy was also one of the founders of Cool Congregations, now Iowa Interfaith Power and Light for the conservation of energy. She was the first female Senior Warden of St. Paul's Episcopal Church in Des Moines and Chaired the Second Century Fund Drive for the renovation of the Church. Muffy was passionate about water. She served on the board of Garden Clubs of America overseeing nationally the organization's efforts for water preservation. She was a tireless advocate for "swimmable, fishable, drinkable water!"

Muffy was an avid gardener and an active member of Founders Garden Club of Des Moines planting large gardens in Des Moines and at the Harmon's summer home on Madeline Island, Lake Superior, Wisconsin. She was a founder and avid supporter of the Madeline Island Community Garden providing food for the poor and underfed. She was the founder and chair of Slow Food Madeline Island which supported the food shelf at St. John's UCC Madeline Island. Muffy worked with garden and food groups from her local Founders Garden Club to the Iowa State Soil Commission and Slow Foods International.

She was ordained to the vocational diaconate of the Episcopal Church on January 10, 1999. In that ministry of servanthood she served The Cathedral Church of St. Paul and St. Luke's Episcopal Church, both of Des Moines, St. Timothy's Episcopal Church of West Des Moines and Christ Episcopal Church Bayfield which included a native American contingent. She also traveled the State of Iowa preaching in support of Episcopal Relief and Development for the Diocese.

Muffy was an enthusiastic Board Member of Iowa Natural Heritage Foundation furthering many of the causes she cherished. She belonged to many Civic organizations and committees, Junior League of Des Moines, Proteus and Comment Club to mention only three.

Muffy asked that Memorials be directed to The Food Bank of Iowa, The Cathedral Church of St. Paul or the Iowa Natural Heritage Foundation.