



ST. PAUL'S

EPISCOPAL CATHEDRAL

815 High Street ☩ Des Moines, IA 50309 ☩ 515-288-7297

cathedralchurchofstpaul.org

The Third Sunday of Easter

Choral Eucharist

Sunday, April 18, 2021

Ten o'clock in the morning

Organ Voluntary

The cathedral choir will lead the hymns. Congregants are welcome to hum at the hymns but congregational singing is not presently encouraged.

Hymn 205 (St 1 – 3) *Good Christians all, rejoice and sing!* GELOBT SEI GOTT

1 Good Chris - tians all, re - joice and sing! Now is the
*2 The Lord of life is risen to - day! Sing songs of
3 Praise we in songs of vic - to - ry that love, that
4 Your Name we bless, O ris - en Lord, and sing to -
5 To God the Fa - ther, God the Son, to God the

1 tri - umph of our King! To all the world glad news we bring:
2 praise a - long his way; let all the earth re - joice and say:
3 life which can - not die, and sing with hearts up - lift - ed high:
4 day with one ac - cord the life laid down, the life re - stored:
5 Spi - rit, al - ways One, we sing for life in us be - gun:

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

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THE EASTER GREETING

BCP page 355

Celebrant

Alleluia. Christ is risen.

People

The Lord is risen indeed. Alleluia.

The Celebrant may say

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

The Gloria

S236

1. Glo - ry to you, Lord

God of our fa - thers; you are wor - thy of praise;

glo - ry to you. 2. Glo - ry to you

for the ra - diance of your ho - ly Name; we will

praise you and high-ly ex - alt you for ev - er.

3. Glo - ry to you in the splen - dor of your

tem - ple; on the throne of your ma - jes - ty, glo - ry to

you. 4. Glo - ry to you, seat - ed bet -

ween the Cher - u - bim; we will praise you and

high - ly ex - alt you for ev - er.

Descant

5. Glo - ry to you, be -

5. Glo - ry to you, be - hold - ing the

hold-ing the depths; in the high vault of

depths; in the high vault of hea-ven, glo - ry to

hea - ven, 6. Glo - ry to you, you. 6. Glo - ry to you, Fa - ther, Fa - ther, Son, and Ho - ly Spi - rit; we will Son, and Ho - ly Spi - rit; we will praise you and high - ly ex - alt you Glo - ry to you! high - ly ex - alt you for ev - er.

The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

O God, whose blessed Son made himself known to his disciples in the breaking of bread: Open the eyes of our faith, that we may behold him in all his redeeming work; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and forever. Amen.

THE LESSONS

A Reading from the Acts of the Apostles

[3: 12 – 19]

Peter addressed the people, "You Israelites, why do you wonder at this, or why do you stare at us, as though by our own power or piety we had made him walk? The God of Abraham, the God of Isaac, and the God of Jacob, the God of our ancestors has glorified his servant Jesus, whom you handed

over and rejected in the presence of Pilate, though he had decided to release him. But you rejected the Holy and Righteous One and asked to have a murderer given to you, and you killed the Author of life, whom God raised from the dead. To this we are witnesses. And by faith in his name, his name itself has made this man strong, whom you see and know; and the faith that is through Jesus has given him this perfect health in the presence of all of you. And now, friends, I know that you acted in ignorance, as did also your rulers. In this way God fulfilled what he had foretold through all the prophets, that his Messiah would suffer. Repent therefore, and turn to God so that your sins may be wiped out."

Leader The Word of the Lord.

People **Thanks be to God.**

Psalm 4

Cum invocarem

BCP p. 587

The Cantor sings the refrain initially and the People join when invited

Refrain

Mode 7 

You have put glad - ness in my heart, O Lord.

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated.

- 1 Answer me when I call, O God, defender of my cause; *
 you set me free when I am hard-pressed;
 have mercy on me and hear my prayer.
- 2 "You mortals, how long will you dishonor my glory; *
 how long will you worship dumb idols
 and run after false gods?"
- 3 Know that the LORD does wonders for the faithful; *
 when I call upon the LORD, he will hear me.
- 4 Tremble, then, and do not sin; *
 speak to your heart in silence upon your bed.
- 5 Offer the appointed sacrifices *
 and put your trust in the LORD.
- 6 Many are saying,
 "Oh, that we might see better times!" *
 Lift up the light of your countenance upon us, O LORD.

- 7 You have put gladness in my heart, *
 more than when grain and wine and oil increase.
- 8 I lie down in peace; at once I fall asleep; *
 for only you, LORD, make me dwell in safety.

A Reading from the First Letter of John

[3: 1 – 7]

See what love the Father has given us, that we should be called children of God; and that is what we are. The reason the world does not know us is that it did not know him. Beloved, we are God's children now; what we will be has not yet been revealed. What we do know is this: when he is revealed, we will be like him, for we will see him as he is. And all who have this hope in him purify themselves, just as he is pure. Everyone who commits sin is guilty of lawlessness; sin is lawlessness. You know that he was revealed to take away sins, and in him there is no sin. No one who abides in him sins; no one who sins has either seen him or known him. Little children, let no one deceive you. Everyone who does what is right is righteous, just as he is righteous.

Leader The Word of the Lord.

People Thanks be to God.

Hymn 178 (St. 1)

Alleluia

ALLELUIA NO. 1

The musical score is written in G major (one sharp) and 4/4 time. It consists of three systems of two staves each (treble and bass clef).
 - The first system begins with a *Descant* section. The melody starts on a whole rest, followed by a half note G, a quarter note A, a half note B, and a quarter note C. The lyrics are "Al - le - lu - ia, al - le -".
 - The second system begins with a *Refrain* section. The melody starts with a quarter note G, a quarter note A, a quarter note B, and a quarter note C. The lyrics are "Al - le - lu - ia, al - le - lu - ia! Give thanks to the".
 - The third system continues the melody. The top staff has a half note G, a half note A, a quarter note B, and a quarter note C. The bottom staff has a quarter note G, a quarter note A, a quarter note B, and a quarter note C. The lyrics are "lu - ia, al - le - lu - ia!".
 - The fourth system continues the melody. The top staff has a quarter note G, a quarter note A, a quarter note B, and a quarter note C. The bottom staff has a quarter note G, a quarter note A, a quarter note B, and a quarter note C. The lyrics are "ris - en Lord. Al - le - lu - ia, al - le - lu - ia! Give".

1-4 Final Ending

Praise to his Name. Name.

Praise to his Name. Name.

1 Je - sus is Lord of all the earth.
 2 Spread the good news o'er all the earth:
 3 We have been cru - ci - fied with Christ.
 4 Come, let us praise the liv - ing God,

Repeat Refrain

He is the King of cre - a - tion.
 Je - sus has died and has ris - en. Al - le -
 Now we shall live for ev - er.
 joy - ful - ly sing to our Sa - vior.

The descant may be sung after stanzas 3 and 4.

Words: Donald Fishel (b. 1950) Music: *Alleluia No.1*, Donald Fishel (b. 1950) Words, Music (melody): Copyright ©1973, The Word of God. arr. Betty Pulkingham (b. 1928), Charles Mallory (b. 1950) and George Mims (b. 1938) Copyright ©1979, Celebration. All rights reserved. Used with permission.

The Holy Gospel

[Luke 24: 36b – 48]

All Stand

Deacon The Holy Gospel of our Lord Jesus Christ according to Luke.

People **Glory to you, Lord Christ.**

Jesus stood among the disciples and said to them, "Peace be with you." They were startled and terrified, and thought that they were seeing a ghost. He said to them, "Why are you frightened, and why do doubts arise in your hearts? Look at my hands and my feet; see that it is I myself. Touch me and see; for a ghost does not have flesh and bones as you see that I have." And when he had said this, he showed them his hands and his feet. While in their joy they were disbelieving and still wondering, he said to them, "Have you anything here to eat?" They gave him a piece of broiled fish, and he took it and ate in their presence. Then he said to them, "These are my words that I spoke to you while I was still with you--that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled." Then he opened their minds to understand the scriptures, and he said to them, "Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things. "

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The Homily

The Rev. Nicola Bowler

THE NICENE CREED, *standing*

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We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PEACE

Celebrant

The peace of the Lord be always with you.

People

And also with you.

ANNOUNCEMENTS

THE GREAT THANKSGIVING
Offertory Music

On-line Giving Options: Visit cathedralchurchofstpaul.org and click “Donate Online Now.” You can also automatically give by texting the amount you wish to donate to this number: 515-207-8133.

Eucharistic Prayer D

BCP p. 372

The Lord be with you. **And also with you**
Lift up your hearts. **We lift them to the Lord.**
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

The Celebrant continues

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever. Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance. Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

Sanctus

Hymnal S125

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.

Blessed is he who comes in the name of the Lord. Ho -
 san - na in the high-est. Ho - san-na in the high-est.

The People stand. Then the Celebrant continues

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you. This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

Celebrant and People:

We praise you, we bless you, we give thanks to you, and we pray to you, Lord our God.

The Celebrant: continues

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy People, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ. Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name. Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

Deacon:

Remember Michael our Presiding Bishop; Alan, our bishop; Fr. Troy, Amma Nicola, Fr. Zeb., Deacon John, Mark, John, and Jovan; all lay and ordained ministers, and all who minister in your Church.

In our companion Diocese of Brechin we pray for St. Margaret, Lochee, Dundee; In our companion Diocese of Nzara we pray for the clergy and people of Nakoyo Parish; In our companion Diocese of Swaziland we pray for the clergy and people of Luve Parish; in our own Diocese we pray for the clergy and people of St. John, Glenwood and St. John, Shenandoah; and in the Anglican Cycle of Prayer we pray for the clergy and people of The Church of Ireland.

Remember all your people, and those who seek your truth.

Remember all who have died in the peace of Christ, and those whose faith is known to you alone; bring them into the place of eternal joy and light.

The Celebrant then continues

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, with St. Paul and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord. Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever.

AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

In Unison Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread

Fraction Anthem

Hymnal S154

This setting is not used in Lent.

The musical score is written on four staves in G major (one sharp) and 4/4 time. The melody is simple and hymn-like, with lyrics written below the notes. The lyrics are: "Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia. Christ our Pass - o - ver is sac - ri - ficed for us; there - fore let us keep the feast. Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia." The score uses a treble clef and a key signature of one sharp (F#).

Celebrant The gifts of God for the People of God.

All baptized persons are welcome to receive Holy Communion. Please remain in your place and a clergy person will bring communion to you. Alternatively you are invited to receive a blessing, by crossing your arms over your chest.

Prayer for Spiritual Communion (St. Alphonsus de Liguori, 1696-1787)
My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. **Amen.**

Communion Music

POST COMMUNION PRAYER

BCP p. 365

After Communion, the Celebrant says

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

The God of peace, who brought again from the dead our Lord Jesus Christ, the great Shepherd of the sheep, through the blood of the everlasting covenant, make you perfect in every good work to do his will, working in you that which is well-pleasing in his sight; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

Hymn 182 (St. 1 – 3)

Christ is alive!

TRURO

1 Christ is a - live! Let Chris - tians sing. His cross stands
 2 Christ is - a - live! No long - er bound to dis - tant
 3 Not throned a - bove, re - mote - ly high, un - touched, un -
 4 In ev - ery in - sult, rift, and war where co - lor,
 5 Christ is a - live! His Spi - rit burns through this and

1 emp - ty to the sky. Let streets and homes with
 2 years in Pal - es - tine, he comes to claim the
 3 moved by hu - man pains, but dai - ly, in the
 4 scorn or wealth di - vide, he suf - fers still, yet
 5 ev - ery fu - ture age, till all cre - a - tion

1 prais - es ring. His love in death shall nev - er die.
 2 here and now and con - quer ev - ery place and time.
 3 midst of life, our Sa - vior with the Fa - ther reigns.
 4 loves the more, and lives, though ev - er cru - ci - fied.
 5 lives and learns his joy, his jus - tice, love, and praise.

Words: Brian A. Wren (b. 1936), rev. Copyright ©1975 Hope Publishing Company. All rights reserved. Used with permission.
 Music: *Truro*, melody from *Psalmodia Evangelica, Part II*, 1789; harm. Lowell Mason (1792-1872), alt.

DISMISSAL

Deacon Let us go forth in the name of the risen Christ. Alleluia, alleluia!

People Thanks be to God. Alleluia, alleluia!

Organ Voluntary

Announcements for April 18, 2021

St. Paul's Cathedral Arts

Today at 4:00 pm Choral Evensong. We hope you will join us. The service will be available in person and livestreamed. The same safety protocols for Sunday morning apply. We offer this beautiful service of sung prayer on behalf of a broken world. Find rest, hope, healing, and inspiration from this unique Anglican tradition.

This service from St. Paul's is being livestreamed, and you may be seen on camera. If you would like to sit in a less noticeable pew, please speak with an Usher who will reseat you.



Mission Statement: The Cathedral Church of St. Paul, the Cathedral and liturgical center of the Episcopal Diocese of Iowa, is a vital metropolitan Christian community. We are committed to accepting and giving Christ's unconditional love through worship, fellowship, education, and service within and beyond our parish church.